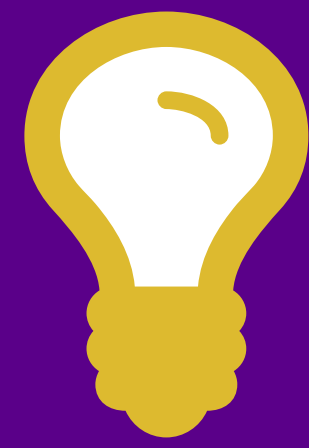




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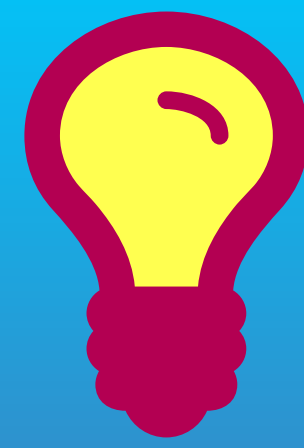
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KINGDOM LIVING PART 2!

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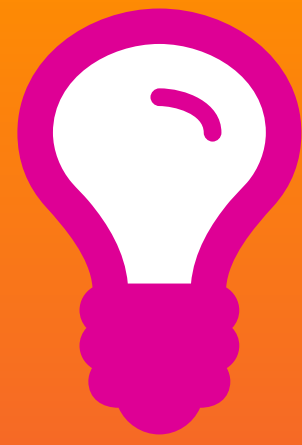
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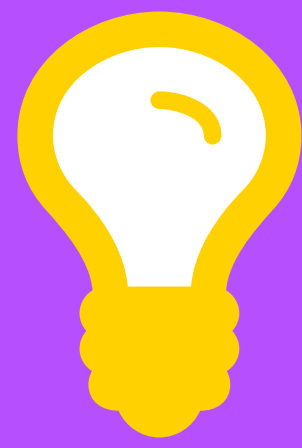
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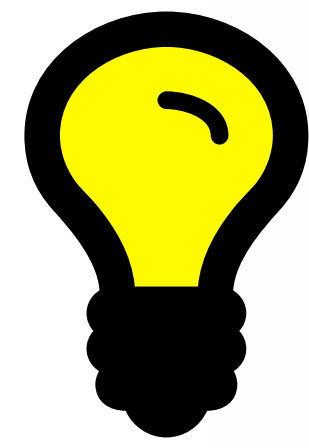
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5 STEPS IN BUILDING A KINGDOM RELATIONSHIP

1. Kingdom Dating
2. Kingdom Friendship
3. Kingdom Fellowship
4. Kingdom Engagement
5. Kingdom Marriage

By Charles E. Winburn, M.Ed.

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www.odvn.org

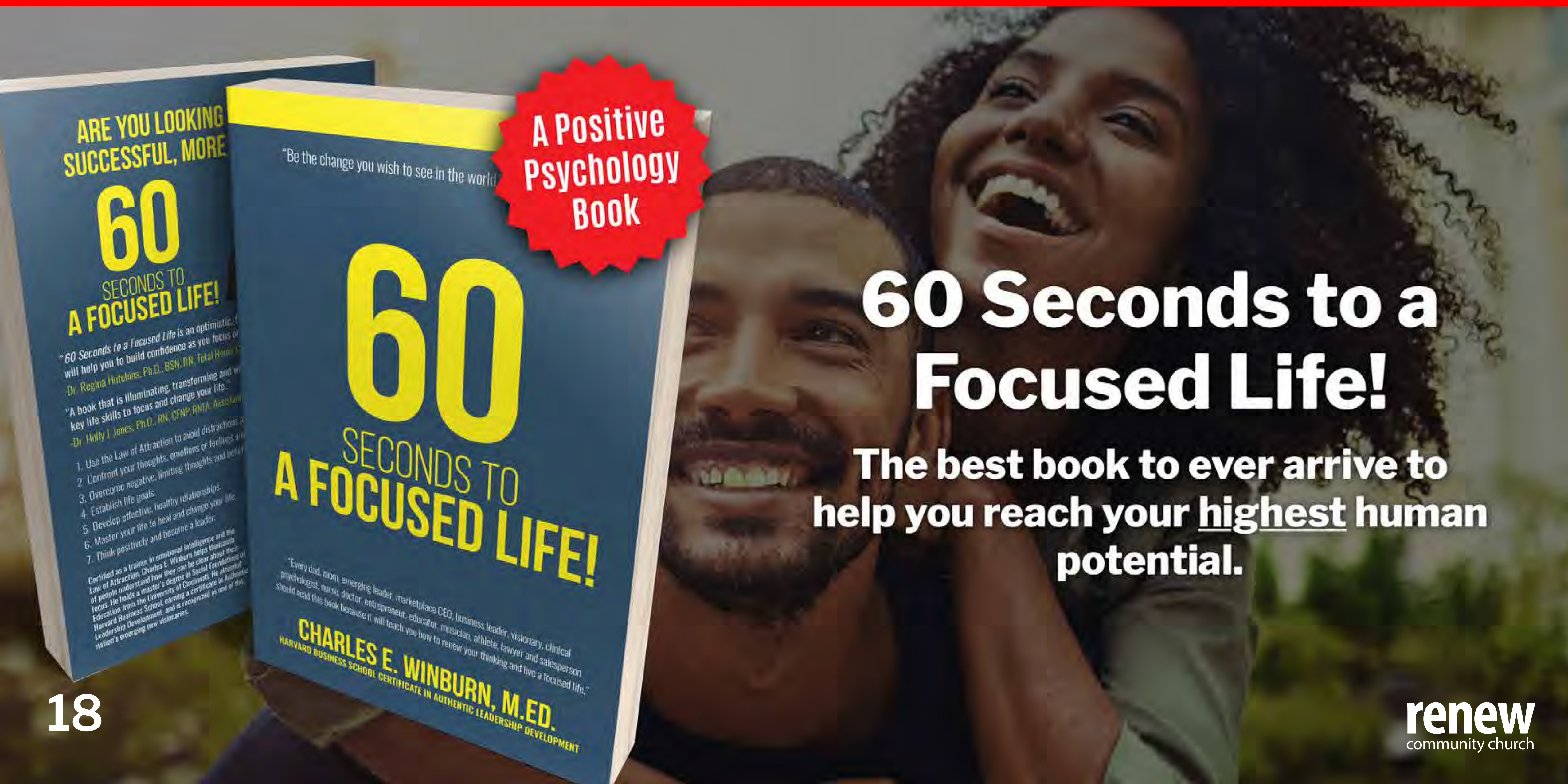
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2. Confront your thoughts, emotions or feelings and beliefs.
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4. Establish life goals.
5. Develop effective, healthy relationships.
6. Master your life to heal and change your life.
7. Think positively and become a leader.

Certified as a trainer in emotional intelligence and the Law of Attraction, Charles E. Winburn helps thousands of people understand how they can be clear about their focus. He holds a master's degree in Social Foundations of Education from the University of Cincinnati. He attended Harvard Business School, earning a certificate in Authentic Leadership Development, and is recognized as one of the nation's emerging new visionaries.

60

SECONDS TO
A FOCUSED LIFE!

CHARLES E. WINBURN, M.ED.
HARVARD BUSINESS SCHOOL CERTIFICATE IN AUTHENTIC LEADERSHIP DEVELOPMENT

**But seek ye first the Kingdom of
God, and his righteousness; and all
these things shall be added unto
you.**

Matthew 6:33

**But if I cast out devils by the Spirit
of God, then the Kingdom of God is
come unto you.**

Matthew 12:28

**And saying, The time is fulfilled,
and the Kingdom of God is at hand:
repent ye, and believe the gospel.**

Mark 1:15

**And he said unto them, Unto you
it is given to know the mystery of
the Kingdom of God: but unto them
that are without, all these things
are done in parables:**

Mark 4:11

**And he said unto them, I must
preach the Kingdom of God to
other cities also: for therefore am I
sent.**

Luke 4:43

And he said, Unto you it is given to know the mysteries of the Kingdom of God: but to others in parables; that seeing they might not see, and hearing they might not understand.

Luke 8:10

**And he sent them to preach the
Kingdom of God, and to heal the
sick.**

Luke 9:2

**But if I with the finger of God cast
out devils, no doubt the Kingdom of
God is come upon you.**

Luke 11:20

**But rather seek ye the Kingdom of
God; and all these things shall be
added unto you.**

Luke 12:31

**Then said he, Unto what is
the Kingdom of God like? and
whereunto shall I resemble it?**

Luke 13:18

**And again he said, Whereunto shall
I liken the Kingdom of God?**

Luke 13:20

**To whom also he shewed himself
alive after his passion by many
infallible proofs, being seen of
them forty days, and speaking
of the things pertaining to the
Kingdom of God:**

Acts 1:3

**But when they believed Philip
preaching the things concerning
the Kingdom of God, and the name
of Jesus Christ, they were baptized,
both men and women.**

Acts 8:12

**For the Kingdom of God is not meat
and drink; but righteousness, and
peace, and joy in the Holy Ghost.**

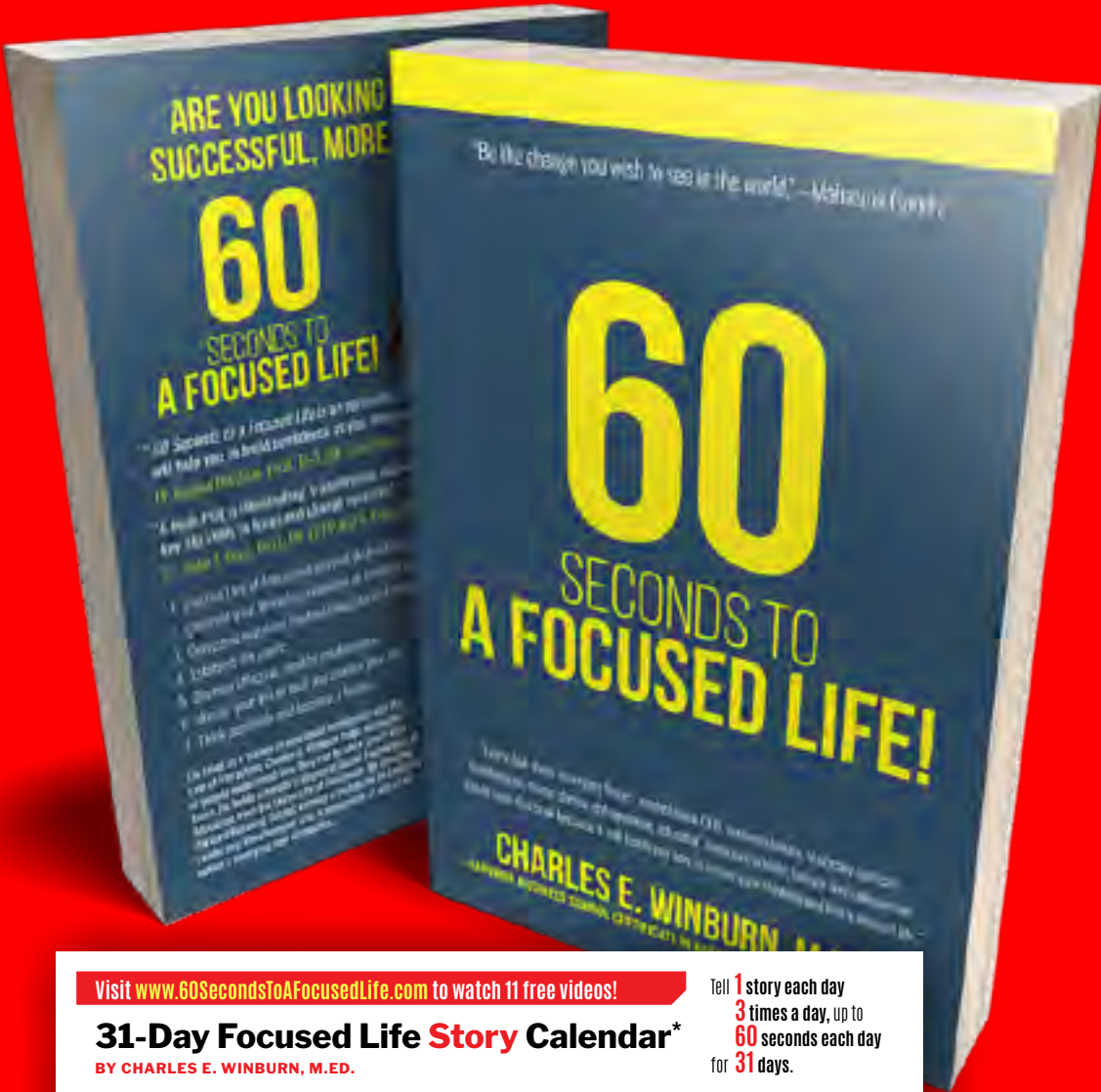
Romans 14:17

**For the Kingdom of God is not in
word, but in power.**

1 Corinthians 4:20

**And this gospel of the Kingdom
shall be preached in all the world
for a witness unto all nations; and
then shall the end come.**

Matthew 24:14



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DAY 8 It is my divine and human right to love today.	DAY 9 It is my divine and human right to be joyful and to have a great outlook on life today.	DAY 10 It is my divine and human right to be peaceful, joy and peace in the universe and the earth today.	DAY 11 It is my divine and human right to feel safe today.	DAY 12 It is my divine and human right to walk in the illumination and kindness of God today.	DAY 13 It is my divine and human right to be kind to self and others today.	DAY 14 It is my divine and human right to be harmonious today.
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DAY 22 It is my divine and human right to do all things through Christ who strengthens me today.	DAY 23 It is my divine and human right to pray and meditate in peace today.	DAY 24 It is my divine and human right to walk in the will of God. I trust in God today.	DAY 25 It is my divine and human right to focus on what I want. I focus on happiness today.	DAY 26 It is my divine and human right to focus on what I want. I focus on happiness today.	DAY 27 It is my divine and human right to have great relationships today.	DAY 28 It is my divine and human right to prosper and walk in all the fullness of God's promises today.
DAY 29 It is my divine and human right to be transformed and renewed in my heart today.	DAY 30 It is my divine and human right to walk in divine health and healing today.	DAY 31 It is my divine and human right to have plenty of money and materials to bless others today.	*It takes approximately 21 days to get rid of a negative vibration. In 31 days, you will have created for yourself a positive and life-changing emotional vibration.			

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11 characteristics of wholesome Kingdom dating with view toward Kingdom friendship

AI Research

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1. Keeping God's honor first

- **Man: Seek to represent Christ in speech, conduct, and decisions.**
- **Woman: Choose to live and respond in ways that honor God, even when feelings are strong.**

2. Pursuing with wisdom, not impulsiveness

- Man: Be thoughtful—slow down if something feels rushed or unclear.**
- Woman: Watch character and consistency over time, not just first impressions.**

3. Respect and honor in words and actions

- **Man: Speak with kindness and treat her with dignity (no degrading talk).**
- **Woman: Respond respectfully and avoid handling him in a way that manipulates or disrespects.**

4. Seeking purity (mind, body, and intentions)

- Man: Guard his thoughts and actions; avoid situations that commonly lead to sin.**
- Woman: Guard her heart and boundaries; don't compromise for approval or attention.**

5. Being faithful with commitment and sincerity

- **Man: Don't play multiple games; be honest about intentions. Be transparent.!**
- **Woman: Don't keep changing direction for convenience—be clear and truthful about where she stands.**

6. Allowing counsel and accountability

- **Man: Invite trusted spiritual guidance and accept accountability.**
- **Woman: Keep wise input in view (parents/elders/mentors where appropriate).**

7. Character before chemistry

- **Man: Evaluate integrity, self-control, and reverence—not only charm.**
- **Woman: Look for humility, responsibility, and consistency—not only charisma.**

8. Communicating honestly and patiently

- **Man: Don't pressure; express interest with clarity and patience.**
- **Woman: Don't send mixed signals; be kind, direct, and truthful.**

- 9. Considering “will this lead to godly union?”**
- Man: Ask whether you can serve God together and build a godly home.**
 - Woman: Ask the same—are your lives aligned spiritually and morally?**

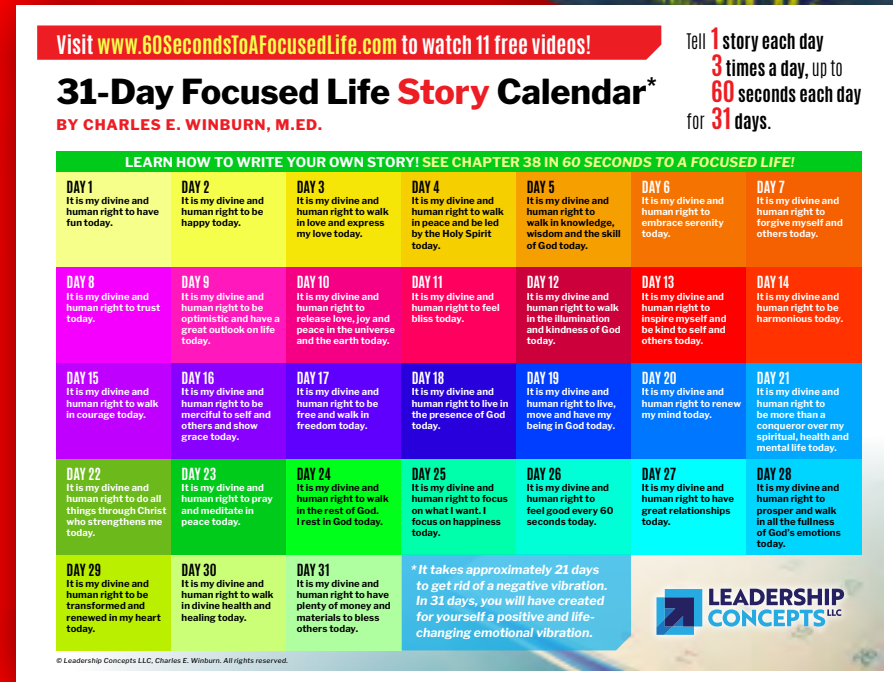
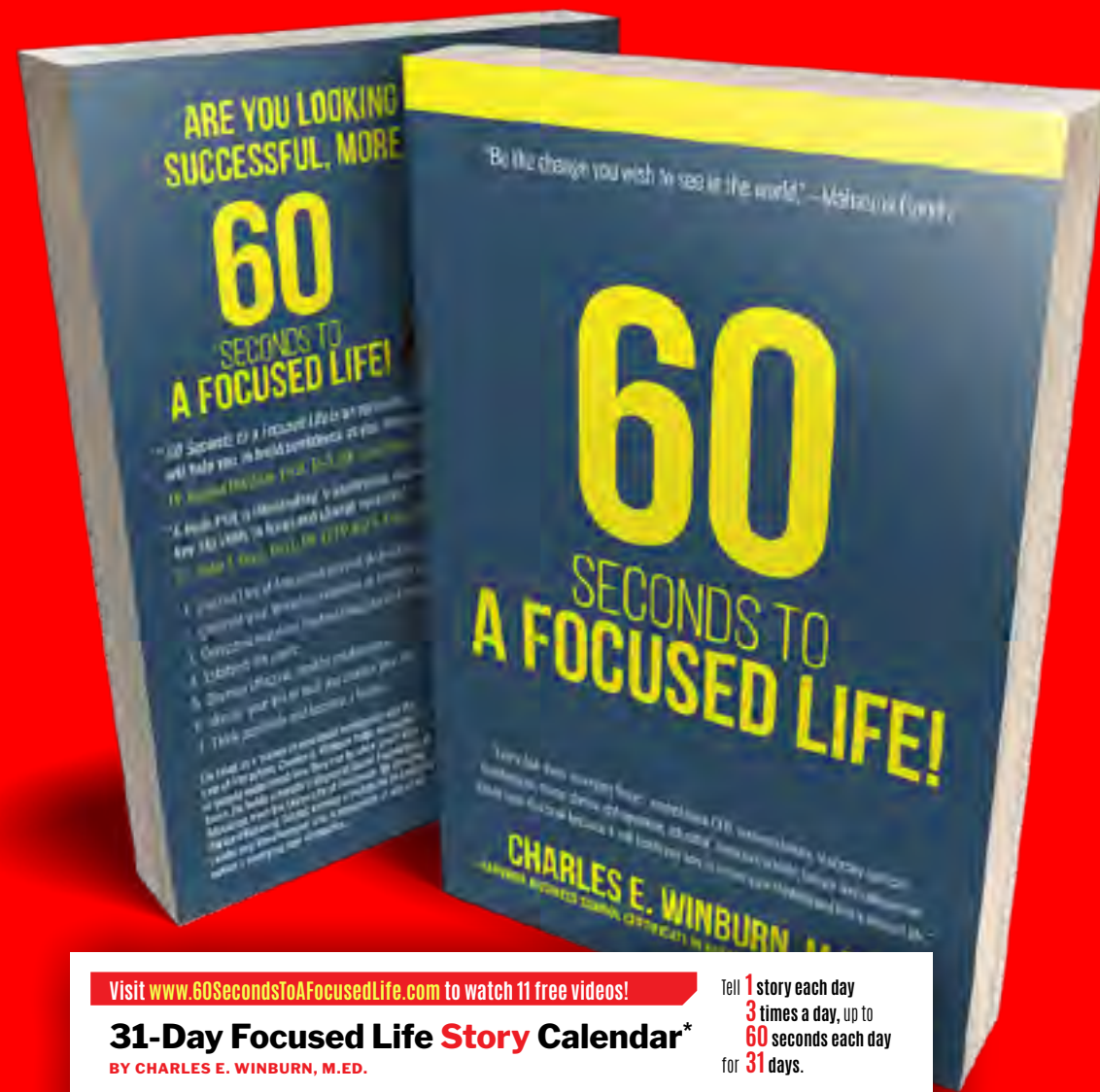
10. Living as a testimony while you wait

- **Man: Keep your behavior clean and your motive pure even when you're tempted.**
- **Woman: Keep your spirit gentle and steadfast, showing Christlike maturity.**

11. Scripture ideas that align with this “Kingdom dating” meaning (wholesome, marriage-minded courting):

- **Wisdom and guidance:
Proverbs 3:5-6**
- **Self-control and purity:
1 Thessalonians 4:3-5**

- **Honoring relationships:
Hebrews 13:4**
- **Guarding the heart:
Proverbs 4:23**
- **Marriage and godly choice
(unequal yoking principle):
2 Corinthians 6:14**
- **Avoiding foolishness:
2 Timothy 2:22**



10 characteristics of Kingdom friendship

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- 1. Shared fear of the Lord:**
Kingdom friendship begins with respect for God. Friends don't just match personalities; they align values around honoring God, because "the fear of the LORD is the beginning of wisdom" (see Proverbs 9:10).

- 2. Mutual spiritual edification:**
A Kingdom friend helps the other grow closer to God—through encouragement, prayer, and steady words. This reflects the biblical pattern of building up one another “with one another’s faith” (see Romans 1:12).

3. Honest and transparent communication: Kingdom friendship does not thrive on secrets or manipulation. It moves in truth—speaking what is right, not twisting motives—because Scripture warns against lying and calls for truth in the inward parts (see Proverbs 12:22).

- 4. Purity in thoughts, words, and conduct:** When two people may eventually marry, Kingdom friendship still protects purity. The friendship is not an emotional/physical shortcut to marriage; it treats purity as a priority, consistent with the call to keep oneself morally clean (see 1 Thessalonians 4:3–5).

- 5. Self-control and boundaries:**
Instead of letting desire drive the relationship, Kingdom friendship includes restraint—especially with time alone, physical closeness, and situations that tempt compromise. This echoes the biblical emphasis on self-control as a fruit of spiritual life (see Galatians 5:22–23).

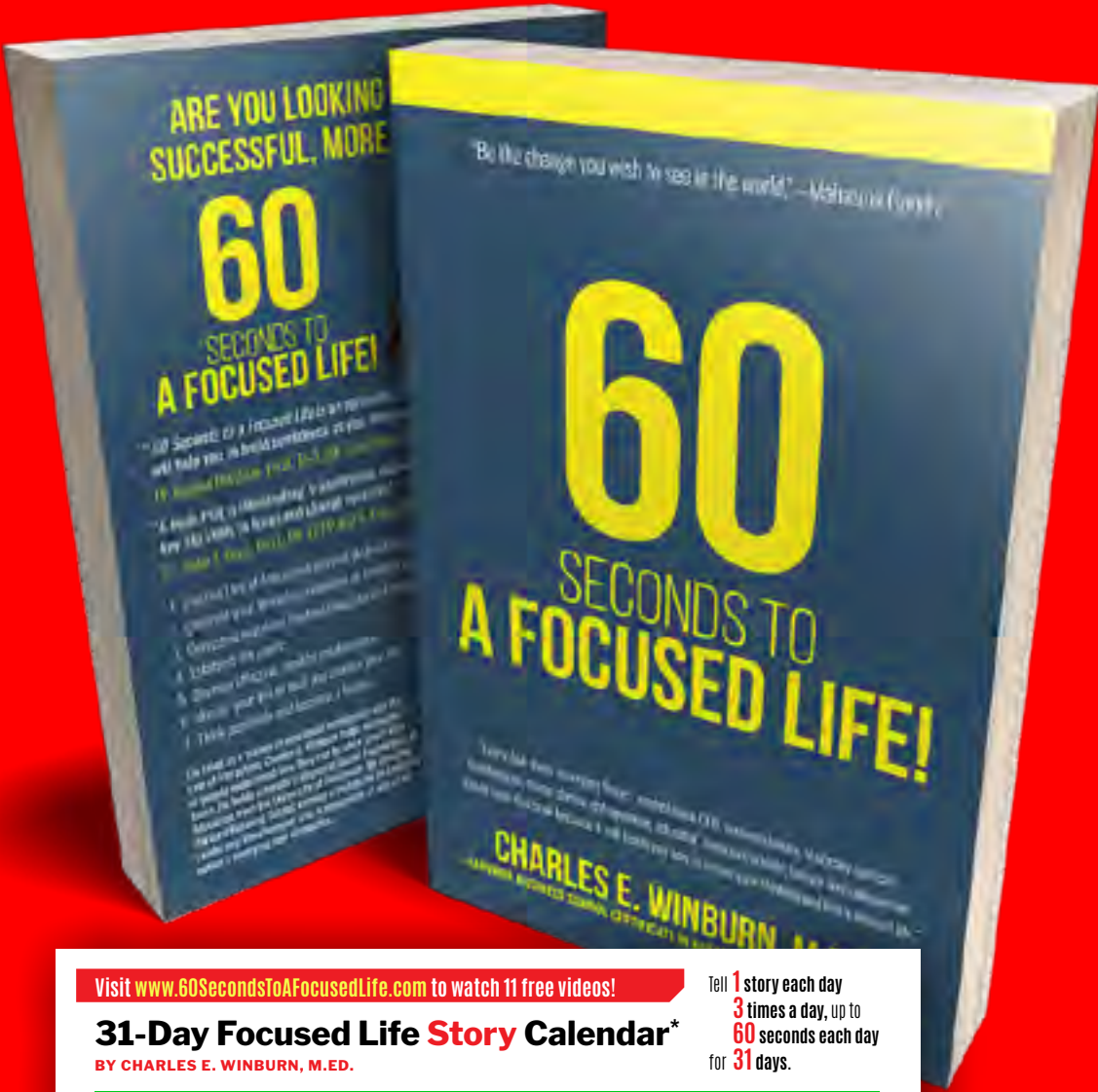
- 6. God-centered choices over romantic pressure:** Kingdom friendship resists “pressure to proceed” emotionally or physically. The relationship moves at God’s pace through wisdom and counsel, not impulse—consistent with “in multitude of counselors there is safety” (see Proverbs 11:14).

- 7. Respect and honor:** A Kingdom friend treats the other person with dignity—not as an object to use, charm, or control. Honoring one another reflects the biblical instruction to live with reverence in relationships (see 1 Peter 2:17).

8. Discernment about counsel, timing, and marriage: Kingdom friendship asks questions like: “Is God leading this?” “Are we being wise?” “Should we seek counsel?”—and it’s willing to wait. That restraint is part of wisdom, as described in Proverbs and emphasized in calls for carefulness (see Proverbs 3:5–6).

- 9. Faithfulness and loyalty:**
Kingdom friendship stays loyal to what is right. It avoids flirting that creates confusion, avoids emotional betrayal, and remains dependable—because faithfulness is a biblical virtue (see Hebrews 13:4; also the general theme of integrity).

10. Love that serves, not love that uses: Kingdom friendship mirrors biblical love: it seeks the other's good, protects their character, and aims at maturity. It's not primarily about getting feelings or getting a "win"; it's love expressed in service (see **1 Corinthians 13:4–7**).



10 wholesome characteristics of Kingdom fellowship

AI Research

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- 1. Shared allegiance to Jesus (centered on God's will):**
Kingdom fellowship starts with both people sincerely submitting to Christ—seeking God's guidance in decisions, not merely compatibility or feelings.
 - In practice: you both prioritize prayer, Scripture, and obedience as the foundation of the relationship.**

2. Purity and holiness in conduct: **The New Testament consistently calls for sexual integrity and holiness in how relationships are formed and handled.**

- In practice: clear boundaries, avoiding situations that fuel lust, honoring each other's bodies as "for the Lord," and maintaining a respectful, clean lifestyle.**

- 3. Mutual honor and respect:**
Fellowship in the Kingdom treats the other person as valuable, not as an object to use.
- In practice: respectful speech, kind behavior, and refusing manipulation, teasing that belittles, or “testing” each other through disrespect.**

- 4. Love that acts (not just words):**
Christian love is active—
seeking the good of the other
person, forgiving, and building.
- **In practice: practical care**
(encouragement, helping
with burdens), faithfulness,
and loyalty even when it's not
convenient.

5. Truthfulness and transparency:
Kingdom fellowship doesn't
rely on secrecy or image-
management.

- **In practice: honesty about faith, intentions, past issues you should address, lifestyle expectations, and what marriage would truly require.**

6. Unity of purpose and alignment of life direction: Jesus' Kingdom is not only personal salvation; it also forms a shared mission and a shared "direction."

- **In practice: aligning on spiritual priorities (church life, service, worship), values (family, integrity, finances), and how you want to build a home.**

7. Patience, self-control, and wise pace: Dating with marriage in view should not rush past wisdom.

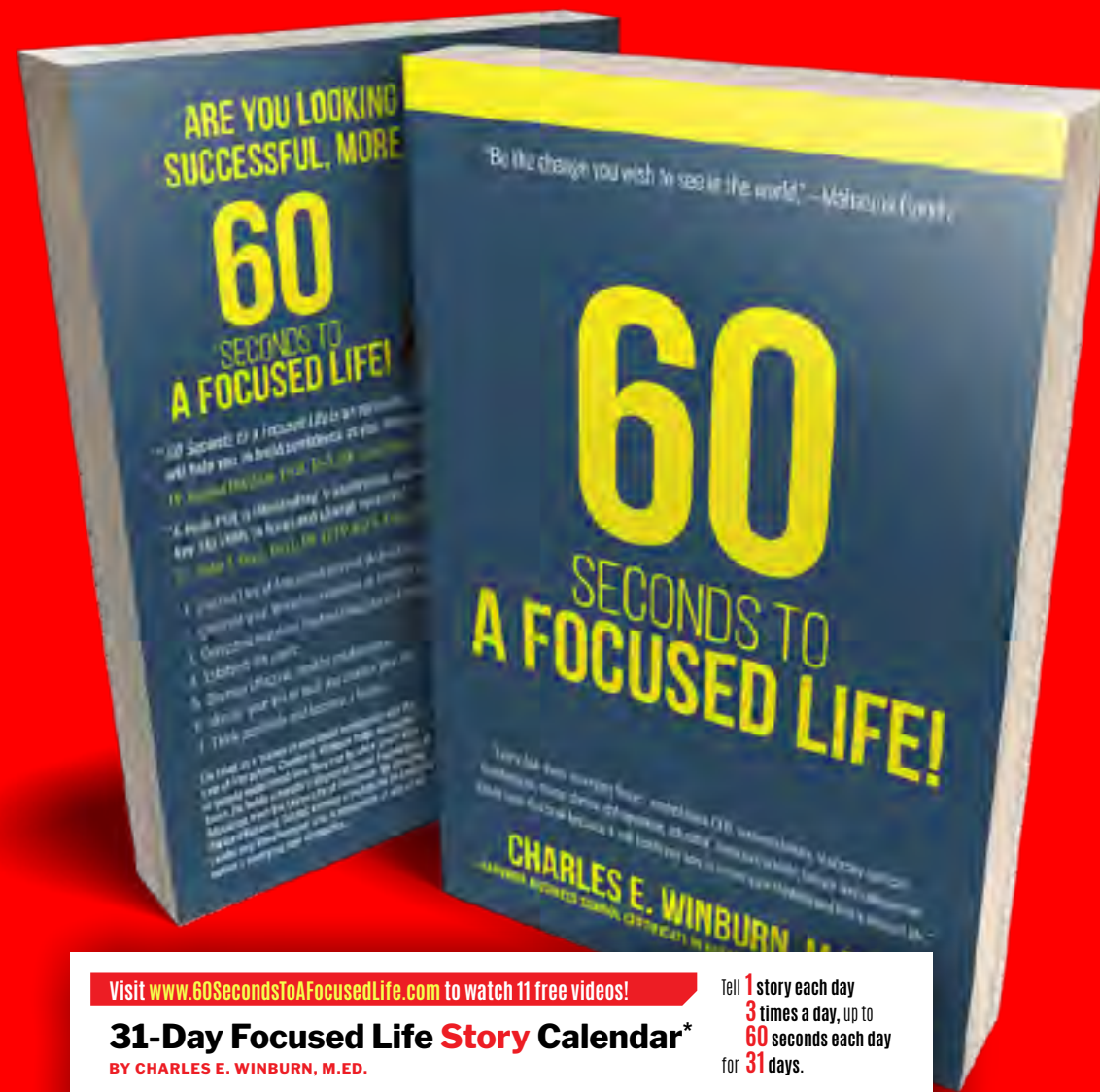
- **In practice:** you allow time for character to be revealed, you respond calmly to conflict, and you avoid pressure tactics.

- 8. Accountability (community involvement):** New Testament fellowship is not private isolation; it's connected to God's people.
- **In practice: both maintain involvement in church, and wise believers/mentors know the relationship and can encourage or correct you.**

- 9. Peaceable communication and conflict repair:** Kingdom fellowship values peace, gentleness & restorative speech.
- **In practice:** handling disagreements without contempt, speaking truth without cruelty, listening well, and working toward reconciliation, not winning arguments.

10. Hopeful preparation for marriage under God (intentionality): When marriage is the goal, the relationship should function like preparation—learning how you love, lead, serve, and submit to God together.

- **In practice: clarity about readiness, willingness to grow, discussing roles in a biblical marriage (mutual service, leadership, honoring one another), and seeking counsel before big commitments.**



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10 characteristics of Kingdom engagement

AI Research

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- 1. God-centered commitment:**
Engagement begins with both people seeking God's will and honoring Him as Lord over the relationship.

2. Honest and truth: They refuse deception—being truthful about identity, intentions, spiritual walk, and expectations—because God values integrity.

3. Reverence and purity: They keep the relationship morally clean in speech, actions, and boundaries, honoring sexual integrity and holiness.

4. Love with biblical respect: They treat each other with honor—love is not selfish demand, but a steady commitment to another's good and God's standards.

- 5. Mutual submission to God (not manipulation of each other):**
Each person follows God first, and the relationship is guided by humility rather than control, pressure, or pride.

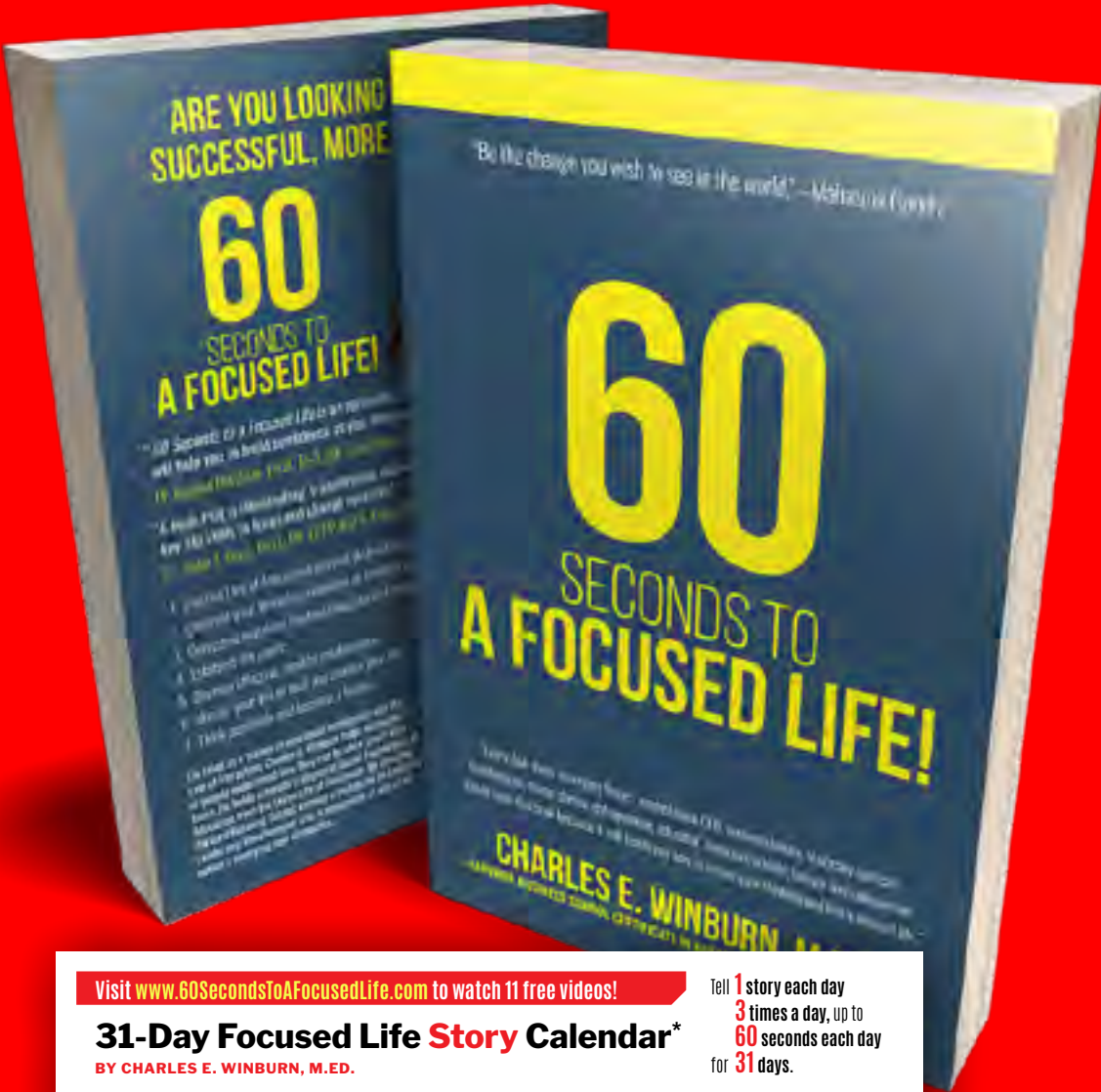
- 6. Wise counsel and spiritual accountability:** Biblical engagement does not try to isolate the couple from godly guidance; they allow trusted believers to advise and help.

- 7. Peaceful communication:**
Conflict is handled without cruelty—seeking resolution, guarding the tongue, and speaking with restraint and clarity.

- 8. Forgiveness and reconciliation:**
They are willing to correct faults, ask forgiveness, and repair hurt quickly—because love “rejoiceth not in iniquity” but bears with others.

- 9. Faithfulness and seriousness:**
Engagement is treated as a real covenant-like commitment in spirit—showing consistency, loyalty, and steadiness rather than casualness.

10. Preparation for marriage in righteousness: They prepare practically and spiritually: discussing responsibilities, working toward readiness, and ensuring the marriage will be built on biblical principles.



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DAY 8 It is my divine and human right to love today.	DAY 9 It is my divine and human right to be joyful and give great thanks on this today.	DAY 10 It is my divine and human right to be peaceful, joy and peace in the universe and live earth today.	DAY 11 It is my divine and human right to feel safe today.	DAY 12 It is my divine and human right to walk in the illumination and kindness of God today.	DAY 13 It is my divine and human right to be kind to self and others today.	DAY 14 It is my divine and human right to be harmonious today.
DAY 15 It is my divine and human right to walk in courage today.	DAY 16 It is my divine and human right to be confident, be self and others and share grace today.	DAY 17 It is my divine and human right to be free and speak the freedom today.	DAY 18 It is my divine and human right to live in the presence of God today.	DAY 19 It is my divine and human right to live, move and have my being in God today.	DAY 20 It is my divine and human right to renew my mind today.	DAY 21 It is my divine and human right to be more than a consumer over my spiritual, health and mental life today.
DAY 22 It is my divine and human right to do all things through Christ who strengthens me today.	DAY 23 It is my divine and human right to pray and meditate in peace today.	DAY 24 It is my divine and human right to walk in the will of God. I trust in God today.	DAY 25 It is my divine and human right to focus on what I want. I focus on happiness today.	DAY 26 It is my divine and human right to focus on what I want. I focus on happiness every 60 seconds today.	DAY 27 It is my divine and human right to have great relationships today.	DAY 28 It is my divine and human right to prosper and walk in all the fullness of God's emotions today.
DAY 29 It is my divine and human right to be transformed and renewed in my heart today.	DAY 30 It is my divine and human right to walk in divine health and healing today.	DAY 31 It is my divine and human right to walk in divine health and materials to bless others today.	* It takes approximately 21 days to get rid of a negative vibration. In 31 days, you will have created for yourself a positive and life-changing emotional vibration.			

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LEADERSHIP CONCEPTS LLC

10 characteristics of Kingdom marriage

AI Research

60SecondsToAFocusedLife.com

- 1. Covenant commitment:**
Marriage is a sacred bond, not a casual contract, where two become one flesh.

2. Christ-like love: The husband loves his wife with generous care, following Christ's example of laying down His life.

3. Respectful partnership: The wife honors her husband, and both treat each other with dignity and reverence.

4. Spiritual unity: A Kingdom marriage is rooted in shared faith and a shared desire to follow God together.

5. Holiness: The relationship aims to be pure, clean, and without blemish in conduct and character.

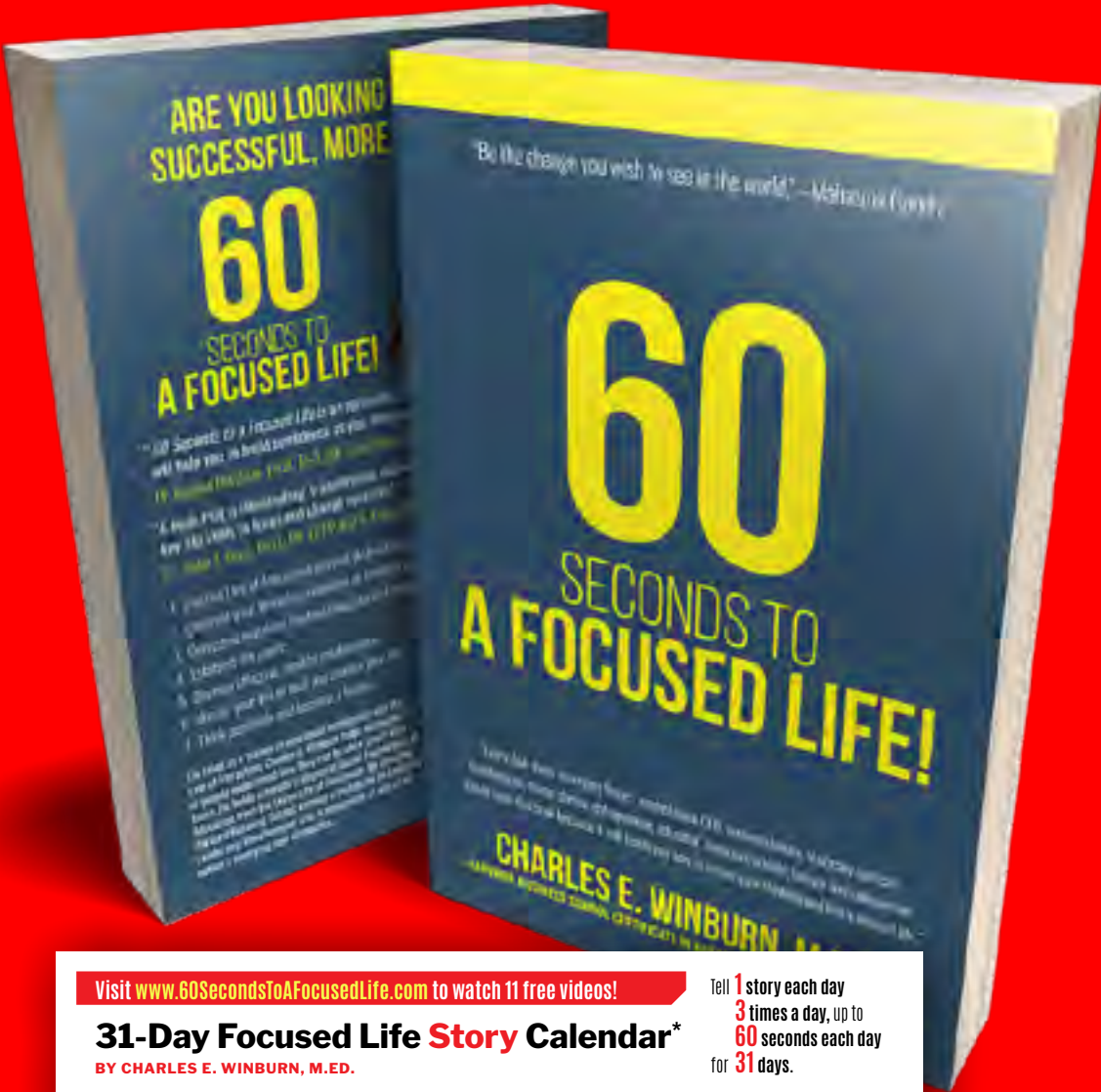
6. Servant-hearted care: Each spouse seeks the good of the other, nurturing and cherishing rather than dominating.

7. Faithful exclusivity: Marriage is held in high honor, with loyalty and purity protecting the covenant.

8. Oneness: Husband and wife are joined in one flesh, walking in unity of purpose, heart, and direction.

- 9. Mutual submission to God:**
A healthy biblical marriage is ordered under the lordship of Christ, with both spouses yielding to God's will.

10. A reflection of Christ: The marriage relationship is meant to display Christ's love for His people and the church's devotion to Him.



Visit www.60SecondsToAFocusedLife.com to watch 11 free videos!

31-Day Focused Life Story Calendar*
BY CHARLES E. WINBURN, M.D.

Tell 1 story each day
3 times a day, up to
60 seconds each day
for 31 days.

LEARN HOW TO WRITE YOUR OWN STORY! SEE CHAPTER 38 IN 60 SECONDS TO A FOCUSED LIFE!

DAY 1 It is my divine and human right to have fun today.	DAY 2 It is my divine and human right to be happy today.	DAY 3 It is my divine and human right to be in love and express my love today.	DAY 4 It is my divine and human right to walk in love and express my love today.	DAY 5 It is my divine and human right to walk in wisdom and the skill of God today.	DAY 6 It is my divine and human right to experience serenity today.	DAY 7 It is my divine and human right to forgive myself and others today.
DAY 8 It is my divine and human right to love today.	DAY 9 It is my divine and human right to be joyful and have a great outlook on life today.	DAY 10 It is my divine and human right to be peaceful, joy and peace in the universe and live earth today.	DAY 11 It is my divine and human right to feel safe today.	DAY 12 It is my divine and human right to walk in the illumination and kindness of God today.	DAY 13 It is my divine and human right to be kind to self and others today.	DAY 14 It is my divine and human right to be harmonious today.
DAY 15 It is my divine and human right to walk in courage today.	DAY 16 It is my divine and human right to be confident, be self and others and others today.	DAY 17 It is my divine and human right to be free and speak the freedom today.	DAY 18 It is my divine and human right to be in the presence of God today.	DAY 19 It is my divine and human right to live, love and have my being in God today.	DAY 20 It is my divine and human right to renew my mind today.	DAY 21 It is my divine and human right to be more than a consumer over my spiritual, health and mental life today.
DAY 22 It is my divine and human right to do all things through Christ who strengthen me today.	DAY 23 It is my divine and human right to pray in peace and peace today.	DAY 24 It is my divine and human right to walk in the will of God, I trust in God today.	DAY 25 It is my divine and human right to focus on what I want, I focus on happiness today.	DAY 26 It is my divine and human right to feel good every 60 seconds today.	DAY 27 It is my divine and human right to have great relationships today.	DAY 28 It is my divine and human right to prosper and walk in all the fullness of God's emotions today.
DAY 29 It is my divine and human right to be transformed and renewed in my heart today.	DAY 30 It is my divine and human right to walk in divine health and healing today.	DAY 31 It is my divine and human right to have plenty of money and materials to bless others today.	* It takes approximately 21 days to get rid of a negative vibration. In 31 days, you will have created for yourself a positive and life-changing emotional vibration.			

LEADERSHIP CONCEPTS LLC

9 areas of Kingdom-living

AI Research

60SecondsToAFocusedLife.com

1. Spiritual life (Kingdom living begins with God)

- **Seek God's rule first rather than only personal goals (Matthew 6:33).**
- **Obey Christ and follow God's Word; "religion" without obedience is not Kingdom living (Matthew 7:21).**

- **Live by faith and faithfulness—trusting God, repenting, and walking in the Spirit (Hebrews 11:6, Acts 3:19, Galatians 5:16).**

2. Health life (honoring God with your body)

- Treat your body as belonging to God, not as something to misuse (1 Corinthians 6:19-20).**
- Practice disciplined living (self-control is part of Kingdom character) (Titus 2:11-12).**

- **Avoid harmful practices and keep the “vessel” holy unto God; Kingdom living resists what defiles (1 Thessalonians 4:3-4).**

3. Mental health life (renewed mind, peace, and truth)

- Renew your mind with God's Word, not with worldly patterns (Romans 12:2).**
- Cast burdens on God and refuse hopeless thinking (1 Peter 5:7; Philippians 4:6-8).**

- **Guard your thinking through truth and right speech—what you meditate on shapes your life (Psalm 1:1-3, Proverbs 4:23).**

4. Financial life (stewardship, honesty, and generosity)

- Honor God in how you earn and handle money—integrity matters (Proverbs 11:1; Romans 13:8-9).**
- Avoid greed and keep your heart from being controlled by wealth (Luke 12:15, 1 Timothy 6:10).**

- **Give and help others generously—Kingdom people use resources to bless, not exploit (2 Corinthians 9:6-8, Acts 20:35).**

5. Relationship life (love, holiness, forgiveness, and wise boundaries)

- Love others as Christ teaches—love is a core Kingdom mark (John 13:34-35).**
- Forgive as God forgives; unforgiveness blocks Kingdom growth (Ephesians 4:32).**

- **Walk wisely and avoid destructive companionships (2 Corinthians 6:14, Ephesians 5:15-16).**

6. Family life (faithfulness, responsibility, and spiritual leadership)

- Love and honor family members; Kingdom living includes honoring parents and caring for dependents (Ephesians 6:1-4, 1 Timothy 5:8).**

- **Husbands/wives are called to sacrificial love and respect (Ephesians 5:22-25, Colossians 3:19-21).**
- **Parents must train children in the Lord, and families should build worship and instruction (Deuteronomy 6:6-7, 2 Timothy 3:15).**

7. Business life (working with integrity and God-minded excellence)

- Do work as to the Lord, not merely to please people (Colossians 3:23-24).**
- Refuse fraud, false weights, and dishonest gain (Proverbs 20:10, Leviticus 19:35-36).**

- **Be fair and truthful in transactions—God values justice in business (Micah 6:8, Romans 12:17-18).**

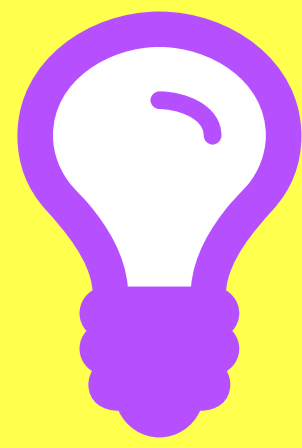
8. Market / Marketplace / Ministry life (serving God in public influence)

- Be salt and light in society—
your life should show Kingdom
values (Matthew 5:13-16).**

- **Minister without hypocrisy; public religion must match private character (Matthew 23:27-28, James 1:26-27).**
- **Serve through gifts and opportunities—use resources, skills, and influence to advance God's purposes (1 Peter 4:10, Mark 10:45).**

- 9. Governmental life (justice, submission to order, and righteous leadership)**
 - Respect lawful authority and recognize God's order for governance (Romans 13:1-7).**

- **Pursue justice and righteousness, not oppression—leaders and citizens alike are accountable (Proverbs 29:2, Micah 6:8).**
- **Speak truth and act fairly, especially regarding the vulnerable (Zechariah 7:9-10, Jeremiah 22:3).**



Master Life Coach
Charlie Winburn



Coach Chuck Futel



Coach Dan Ray

9 LIFESTYLES OF THE KINGDOM OF GOD!

By Charles E. Winburn, M.Ed.