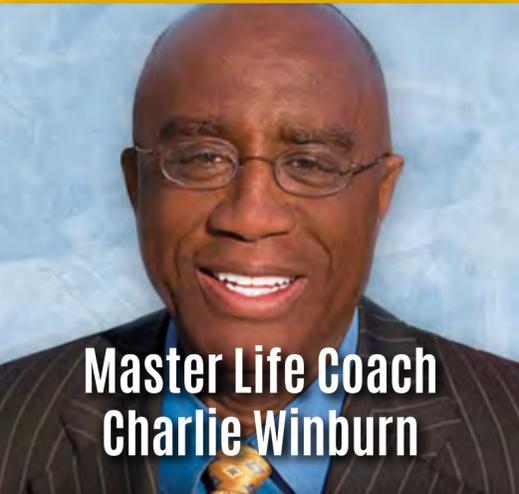




MASTERMIND CLASS & CLINIC 2026
E-BOOK AND TOOLKIT



Master Life Coach
Charlie Winburn



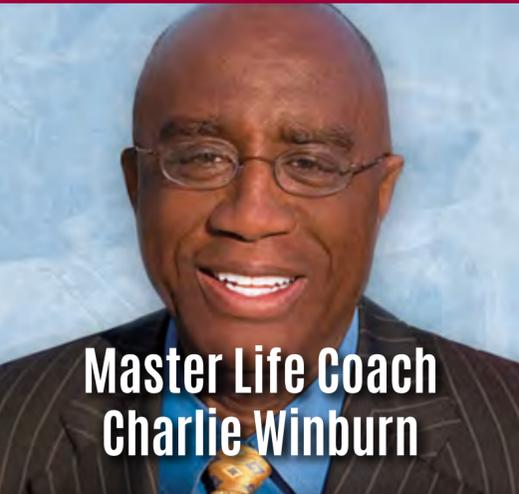
Coach Chuck Futel



Coach Dan Ray

ZERO SCARCITY! THERE IS PLENTY FOR YOU!

By Charles E. Winburn, M.Ed.



Master Life Coach
Charlie Winburn



Coach Chuck Futel



Coach Dan Ray

**WE ARE NOT
RUNNING OUT
OF ANYTHING!
THERE IS PLENTY FOR YOU!**

By Charles E. Winburn, M.Ed.



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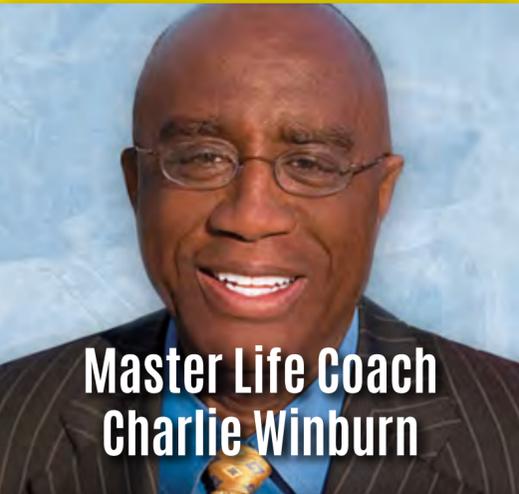
Coach Dan Ray

COMPETITION IS SCARCITY! THERE IS ENOUGH FOR YOU!

By Charles E. Winburn, M.Ed.



MASTERMIND CLASS & CLINIC 2026



Master Life Coach
Charlie Winburn



Coach Chuck Futel



Coach Dan Ray

WIN-WIN IS OUT OF PLENTY! LOSE-LOSE IS OUT OF SCARCITY & COMPETITION!

By Charles E. Winburn, M.Ed.

Disclaimer: This teaching is for religious and educational purposes only and is not designed to diagnose or give medical or psychological advice whatsoever. Please seek the advice of your medical doctor, psychologist, or counselor.

Resources

We do not have any ownership stakes or financial investment in these businesses. They are wonderful services that could potentially benefit you.

Aim for Wellbeing
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***AIM for Wellbeing: Integrative
and Functional Medicine***

Life Extension

**Research-based vitamins
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John H. Thomas, Ed.D.

Clinical psychologist

513-961-5682

(24-hour answering service)

Amen Clinics

Brain SPECT Imaging

877-311-2828

Natural ways to heal your body

Clifton Natural Foods

336 Ludlow Avenue

Cincinnati, OH 45220

513-961-6111

**Ohio Domestic Violence Network
(ODVN) Helpline**

1-800-934-9840

www.odvn.org

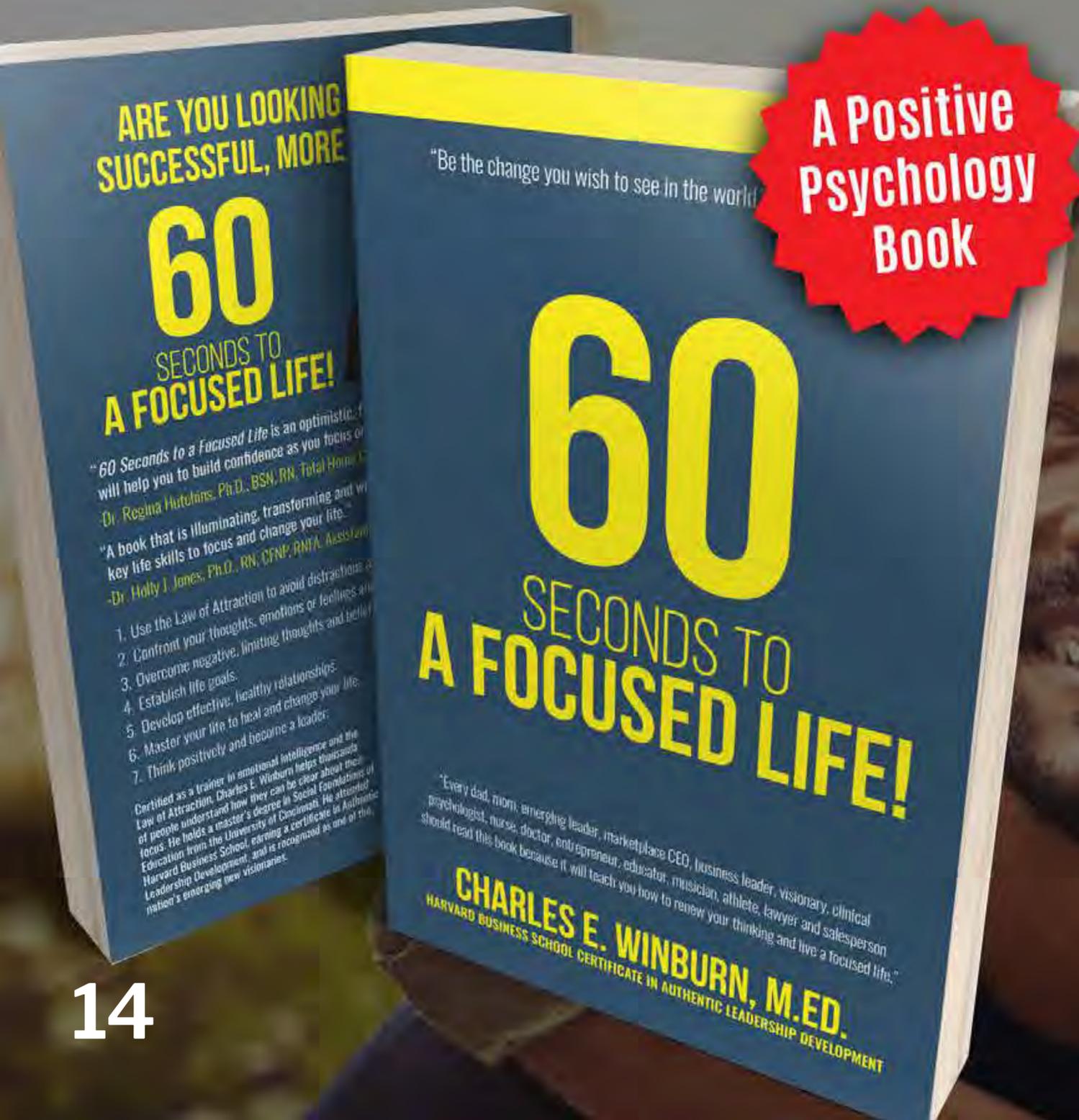
National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (TTY)

www.thehotline.org

Visit today: 60SecondsToAFocusedLife.com



60 Seconds to a Focused Life!
The best book to ever arrive to help you reach your highest human potential.

**But my God shall supply all your
need according to his riches in
glory by Christ Jesus.**

Philippians 4:19

Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the LORD of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it.

Malachi 3:10

**And God is able to make all grace
abound toward you; that ye, always
having all sufficiency in all things,
may abound to every good work.**

2 Corinthians 9:8

**The LORD is my shepherd;
I shall not want.**

Psalm 23:1

**The young lions do lack, and
suffer hunger: but they that
seek the LORD shall not want
any good thing**

Psalm 34:10

**I have been young, and now am old;
yet have I not seen the righteous
forsaken, nor his seed
begging bread.**

Psalm 37:25

**Therefore take no thought, saying,
What shall we eat? or, what shall
we drink? ... But seek ye first
the kingdom of God, and his
righteousness; and all these
things shall be added unto you.**

Matthew 6:31-33

**Give, and it shall be given unto you;
good measure, pressed down, and
shaken together, and running over,
shall men give into your bosom.
For with the same measure that
ye mete withal, it shall be
measured to you again.**

Luke 6:38

**But thou shalt remember the
LORD thy God: for it is he that
giveth thee power to get wealth,
that he may establish his covenant
which he sware unto thy fathers,
as it is this day.**

Deuteronomy 8:18

**The blessing of the LORD,
it maketh rich, and he addeth
no sorrow with it.**

Proverbs 10:22

**The LORD shall increase you more
and more, you and your children.
Ye are blessed of the LORD which
made heaven and earth.**

Psalm 115:14-15

**Beloved, I wish above all things
that thou mayest prosper and be in
health, even as thy soul prospereth.**

3 John 1:2

And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.

Isaiah 58:11

**For thou shalt eat the labor of
thine hands: happy shalt thou be,
and it shall be well with thee.**

Psalm 128:2

**Honor the LORD with thy
substance, and with the firstfruits
of all thine increase: So shall thy
barns be filled with plenty, and
thy presses shall burst out with
new wine.**

Proverbs 3:9-10

10 examples of what scarcity thinking looks like

AI Research

1. Hoarding resources from the church and others

What it looks like: Clinging to money, food, or supplies “just in case,” refusing to share or donate.

Why it happens: A belief that there may not be enough tomorrow, so control is sought through accumulation.

Faith contrast: Trusts that God provides and that generosity honors Him, even in lean times.

2. Fixating on outcomes

What it looks like: Obsessing over a single expected result (a job, money amount, healing) and feeling despair if it doesn't materialize.

Why it happens: A zero-sum view where God's ability to provide is limited to one plan.

Faith contrast: Belief that God works through uncertain paths; He remains good even when plans change.

3. Making bold, unethical shortcuts and statements

What it looks like: Lying, cheating, or manipulating circumstances to secure resources or status.

Why it happens: A fear-driven belief that conventional ethics won't yield enough for survival.

Faith contrast: Integrity honors God; trust grows through patience and upright action, even if outcomes are uncertain.

4. Constant anxiety and panic

What it looks like:

Worrying about every need, catastrophizing worst-case scenarios, and feeling paralyzed.

Why it happens: A mindset of scarcity where enough never feels like enough.

Faith contrast: Peace can come from prayer, gratitude, and remembering God's faithfulness in the past.

5. Competing or blaming others for your personal lack ! For example If I give financially to the church, I won't have much!

What it looks like: Viewing neighbors, coworkers, or marginalized groups as threats or scapegoats for scarcity.

Why it happens: A zero-sum mindset that resources are limited and must be won.

Faith contrast: Embracing compassion, justice, and communal care reflects God's heart for neighbors.

6. Overworking or neglecting rest

What it looks like: Never stopping, sacrificing sleep and health to “make it happen” or to earn God’s favor with hard work.

Why it happens: Belief that productivity equals worth or security.

Faith contrast: Sabbath rest and stewardship—trusting God to provide while stewarding gifts wisely.

7. Dismissing or devaluing prayer

What it looks like: Treating prayer as a last resort or as “cute” but ineffective, preferring human effort alone.

Why it happens: A lack of confidence in God's ability or timing.

Faith contrast: Prayer aligns heart to God's will and invites divine involvement in provision.

8. Risk-averse decision making

What it looks like: Refusing opportunities that involve risk (investments, giving to the church, vocational changes) for fear of loss.

Why it happens: A belief that any risk could be catastrophic because resources are scarce.

Faith contrast: Courage rooted in trust in God's guidance and sovereignty.

9. Measuring worth by possessions

What it looks like: Deriving identity from what one owns or can acquire, rather than who one is in God.

Why it happens: Scarcity thinking equates value with material abundance.

Faith contrast: Identity in Christ or divine purposes, not in material security.

10. Negotiating ethics for safety

**What it looks like:
Compromising moral boundaries to ensure basic needs are met (for example, misrepresenting information to secure aid or online on your income taxes).**

Why it happens: A belief that moral lines are negotiable when survival is at stake.

Faith contrast: Upholding integrity and trusting God to provide through honest means.

**10 reasons there is no scarcity
in God when meeting our financial
and material desires**

AI Research

1. God is infinite and eternal

Summary: God's resources and power are limitless, so there is no ultimate shortage for Him to meet needs. God is our source.

Scripture: Isaiah 54:10 (NIV)
— Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed, says the Lord, who has compassion on you.

2. God owns and controls everything but you because you have free choice in him.

Summary: All wealth and resources belong to God; we are stewards, not owner.

Scripture: Psalm 24:1 (NIV)
— The earth is the Lord's, and everything in it, the world, and all who live in it.

3. God's promises are reliable

Summary: God commits to meeting the needs of His people according to His provision and timing.

**Scripture: Philippians 4:19 (NIV)
— And my God will meet all your
needs according to the riches of
his glory in Christ Jesus.**

4. God multiplies resources

Summary: God can, and does, multiply resources, whether through miracles or providential means.

Scripture: Matthew 14:13-21 (NIV) — The feeding of the 5,000 with five loaves and two fish demonstrates divine multiplication; Luke 6:38 echoes the principle: Give, and it will be given to you.

5. God delights in generous living

Summary: Generosity is central to God's economy; giving often accompanies divine blessing and provision. Our generous giving releases blessings in the Earth that also helps others..

Scripture: 2 Corinthians 9:6-8 (NIV)
— Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will reap generously. Each of you should give what you have decided in your heart to give... And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.

6. God Works Through Community and Means

Summary: Provision is often mediated through relationships, institutions, and systems God has ordained in the earth and universe.

**Scripture: 2 Corinthians 9:8
(NIV) — And God is able to bless
you abundantly, so that in all
things at all times, having all
that you need, you will abound in
every good work.**

7. God Addresses sometimes Our Needs, Not Always Our Wants. God many times doesn't move by need, but he moves by our faith toward God.

Summary: God's provision meets certain desires may be deferred or disciplined to align with His wisdom.

**Scripture: Matthew 6:31-33
(NIV) — So do not worry, saying,
‘What shall we eat?’ or ‘What
shall we drink?’ or ‘What shall
we wear?’ For the pagans run
after all these things, and your
heavenly Father knows that you
need them. But seek first his
kingdom and his righteousness,
and all these things will be given
to you as well.**

8. God Uses Constraints to Grow Faith and Creativity

Summary: Financial or material constraint can refine trust, contentment, and inventive problem-solving.

Scripture: James 1:2-4 (NIV)
— Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete.

9. God's Provision Is Sometimes Delayed, but Not Denied

Summary: Delays can test and refine faith, not negate God's capacity to provide.

Scripture: Habakkuk 2:3 (NIV)
— For the revelation awaits an appointed time; it speaks of the end and will not prove false. Though it linger, wait for it; it will certainly come and will not delay.

**10. Ultimate Riches Are Spiritual,
Not Material. Everything is for
spiritual then natural.**

**Summary: True riches are found
in Christ—security, peace, and
eternal worth beyond material
provision.**

**Scripture: Colossians 3:1-3
(NIV) — Since, then, you have
been raised with Christ, set your
hearts on things above, where
Christ is, seated at the right
hand of God. Set your minds
on things above, not on earthly
things. For you died, and your
life is now hidden with Christ in
God.**

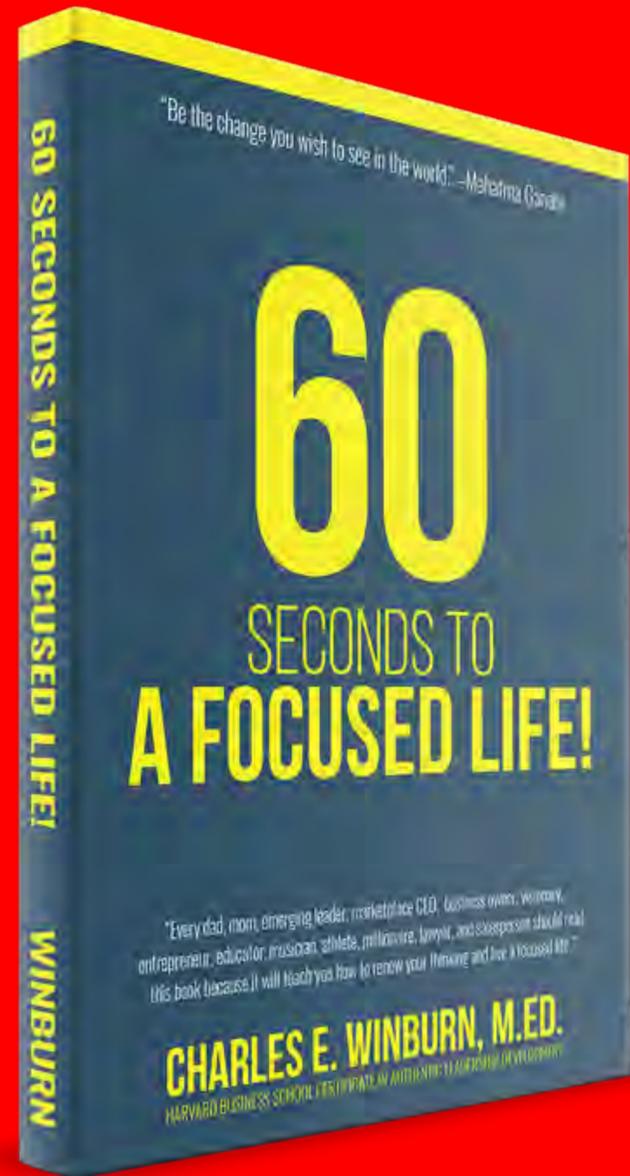
**15 practical, action-oriented ways
to cultivate zero scarcity thinking
in your daily life.**

AI Research

- 1. Reframe your money mindset**
How: When money worries arise, explicitly label the thought as hypothetical: “This is a fear, not a fact.” Then list three assets you currently have (income, savings, skills and be thankful).

2. Practice abundance budgeting

How: Create a monthly budget that allocates a portion to the church, savings/investments and to experiences (fun, education, gifts). Treat every dollar as a tool to create more value, not a finite limit.



- 3. Track value, not just cost**
How: For every purchase, ask: “What value does this add?” If it isn’t clear, pause or consider alternatives. Focus on purchases that increase capacity (skills, time, health).
read Charlie Winburn’s book, *60 Seconds to a Focused Life!*
60SecondsToAFocusedLife.com

4. Build a “resource inventory”

How: Regularly list assets you own (money, skills, relationships, time, tools).

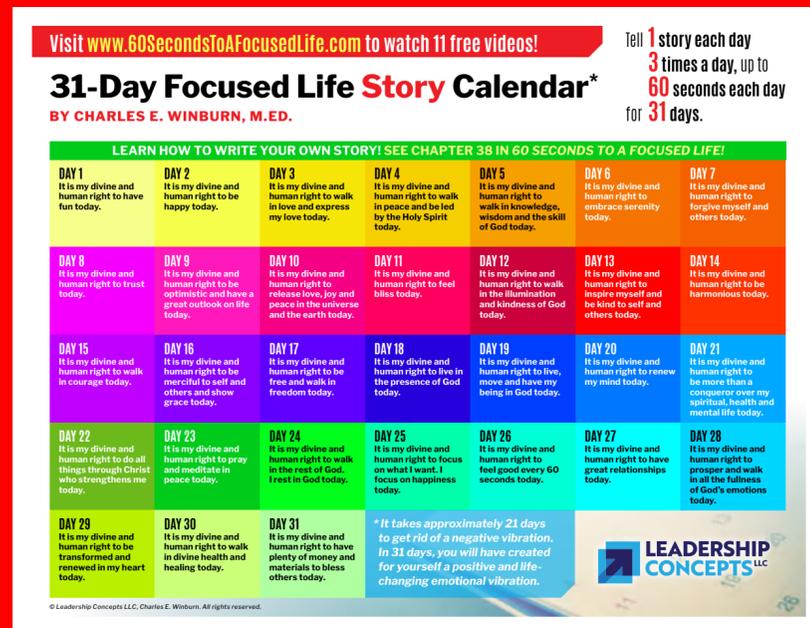
Review weekly and identify how to leverage them more.

5. Practice daily gratitude with a twist

How: Each day, write down three things you're grateful for that were available to you today (people, opportunities, resources). This shifts focus from lack to abundance.

6. Create a scarcity-to-surplus routine

How: When you catch yourself thinking “I don’t have enough,” stop, breathe, and replace with: “I have enough to start; I can create more.” Then take one small productive step. Read Charlie Winburn’s daily *31-Day Focused Life Story Calendar* at 60SecondsToAFocusedLife.com



7. Develop skill diversification

How: Learn a new skill or deepen a current one that opens more possibilities (coding, a language, a craft). More skills create more options, reducing scarcity mental models.

8. Build reciprocal networks

How: Invest time in helping others. Offer one small, tangible form of help weekly. Mutual support expands resources and opportunities for all.

9. Automate and systematize abundance

How: Use automation for savings, bills, and routines (monthly transfers to savings, bill-pay, replenishing essentials). Systems reduce cognitive load and scarcity thoughts.

10. Set “enough” benchmarks

How: Define clear, healthy thresholds (e.g., enough savings to cover 6 months of expenses, enough resting hours). When you hit the threshold, shift focus to growth or giving.

11. Practice resourceful problem-solving

How: When faced with a constraint, list at least three alternative routes to the goal that don't rely on more resources. Choose the most feasible option and act.

12. Limit exposure to scarcity framing

How: Curate inputs (social media, news, feeds) that emphasize abundance and opportunity. Unfollow or mute sources that trigger fear-based thinking.

13. Invest in health and energy

How: Prioritize sleep, nutrition, movement, and stress management. Higher energy expands perceived and actual capacity, reducing scarcity biases. Listen to Charlie Winburn's 11 videos at 60SecondsToAFocusedLife.com

14. Visualize a future of abundance

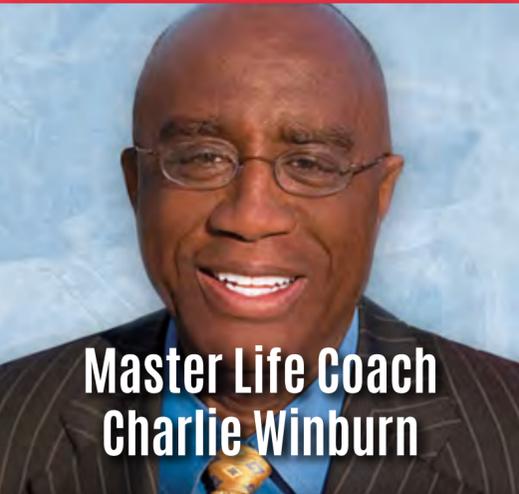
How: Spend 5–10 minutes daily visualizing concrete scenes where you have sufficient resources and the freedom to create more (e.g., funding a project, helping others).

15. Practice generous micro-habits

How: Do small acts of generosity (time, advice, small gifts). Generosity reinforces the belief that resources are plentiful and accessible.



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