



**YOU NEVER HAVE ENOUGH GOOD HEALTH, MONEY, RELATIONSHIPS OR HAPPINESS! *WHY?***

***JOIN THE 5 PERCENT!***

***Learn How to Attract Health, Money,  
Great Relationships & Happiness!***

**BY CHARLES E. WINBURN, M.ED.**



***Disclaimer: This teaching is for religious and educational purposes only and is not designed to diagnose or give medical or psychological advice whatsoever. Please seek the advice of your medical doctor, psychologist, or counselor.***

***Disclaimer:***



***Disclaimer:***

**80% of the people that will  
hear today's message will  
like it, resist it, and won't  
change their lives.**

## ***Disclaimer:***

**10% of the people will try  
to change for 24 hours.  
But, in 48 hours, they will  
forget all about it because  
of resistance.**

## ***Disclaimer:***

**5% of the people will try to practice some of the principles for 5 days, but will walk away because of resistance.**

## ***Disclaimer:***

**Only 5% of the people  
will like today's message,  
push past their resistance,  
and walk in these life-  
generating principles.**

**...Thou shalt love thy  
neighbour as thyself.**

***Mark 12:31***



**And be not conformed  
to this world: but be  
ye transformed by the  
renewing of your mind...**

***Romans 12:2***

**For I know the thoughts  
that I think toward you,  
saith the Lord, thoughts  
of peace, and not of evil, to  
give you an expected end.**

***Jeremiah 29:11***

**Now unto him that is able  
to do exceeding abundantly  
above all that we ask or  
think, according to the  
power that worketh in us,**

***Ephesians 3:20***



# GOD

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graph TD; GOD --- Humanity; GOD --- Divinity
```

**Humanity  
side of God**

*(vibrational/emotional side)*

**Divinity  
side of God**

*(spiritual side)*

***God is both human and divine.***



# **The human community: Cells in our bodies**



**We have 50 trillion cells  
in our body and each cell  
has 1.4 volts of electricity  
which equals 70 trillion  
volts of electricity.**

***Cells vs. genes***

***Lipton***



**1.4 volts of electricity  
in each cell**

**x**

**50 trillion cells in our body**

**=**

**70 trillion volts of  
electricity in our body**

*Lipton (CORRECTED)*



**Stress disrupts our 50  
trillion cells and 70 trillion  
volts of electricity in our  
human bodies.**



**Stress throws us out of  
alignment in our human  
side.**



**When our trillions of cells  
become stressed out, it can  
help accelerate sickness,  
disease, inflammation,  
toxicity, and cell disease.**

***The killers of human life***



# Definition of cell damage

*Wikipedia*



**“Cell damage (also known as cell injury) is a variety of changes of stress that a cell suffers due to external as well as internal environmental changes.”**



**“Amongst other causes,  
this can be due to physical,  
chemical, infections,  
biological, nutritional or  
immunological factors.  
Cell damage can be reversible  
or irreversible.”**



**“Depending on the extent of injury, the cellular response may be adaptive and where possible, homeostasis is restored.”**



**“Cell death occurs when the severity of the injury exceeds the cell’s ability to repair itself.”**



**“Cell death is relative to both the length of exposure to a harmful stimulus and the severity of the damage caused. Cell death may occur by necrosis or apoptosis.”**



**This disruption of our cells  
due to stress can lead to  
major physical and mental  
health challenges causing  
early death.**



**Stress, which attacks our  
50 trillion cells, can be  
linked to an unfocused life.**



**8 out of 10 people with  
unfocused lives are living  
stressed out lives.**

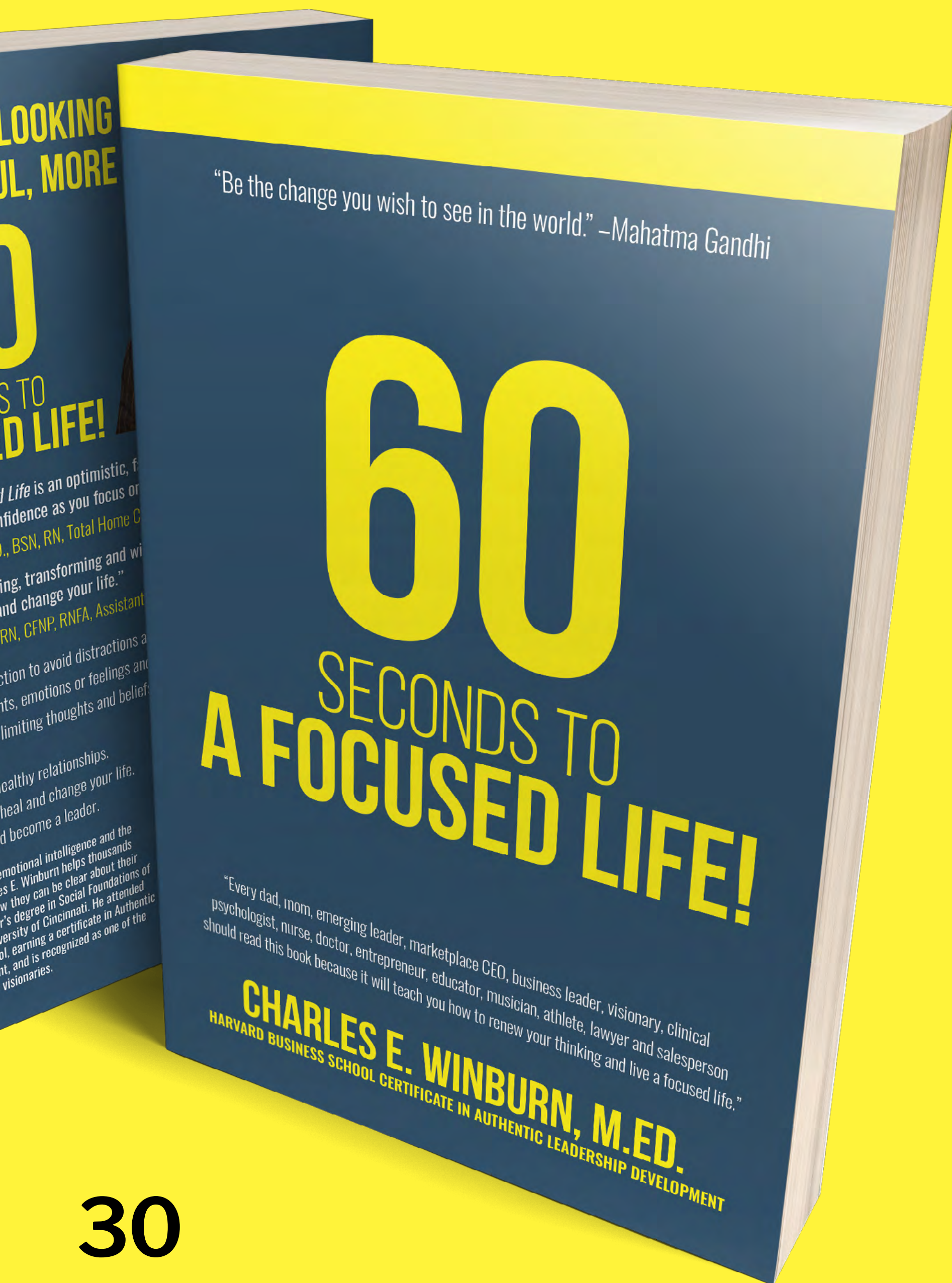


**Most people you know are unfocused in the following aspects of their lives:**



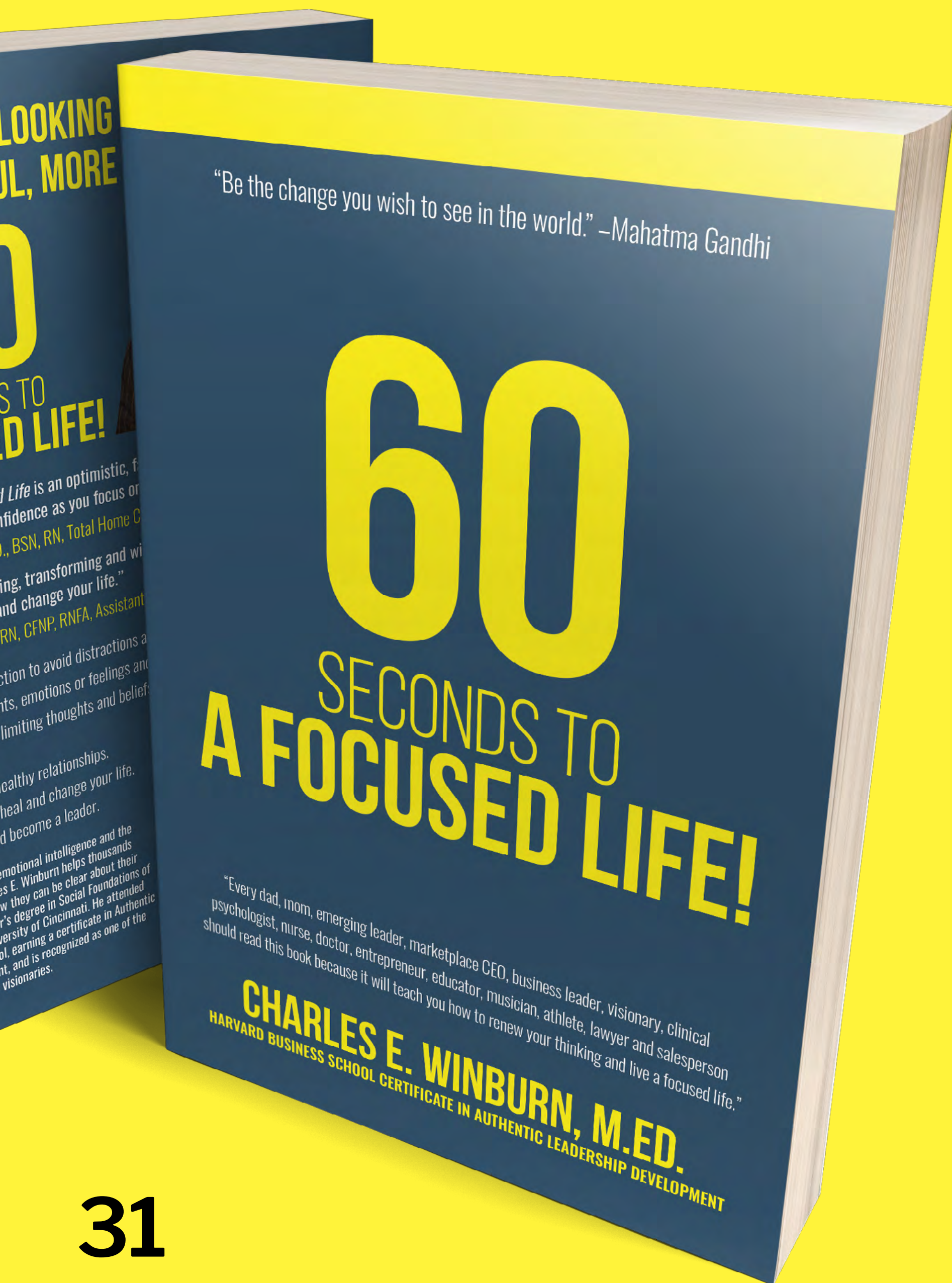
- **Spiritual life**
- **Health life**
- **Mental life**
- **Family life**
- **Relationship life**
- **Financial life**
- **Business**





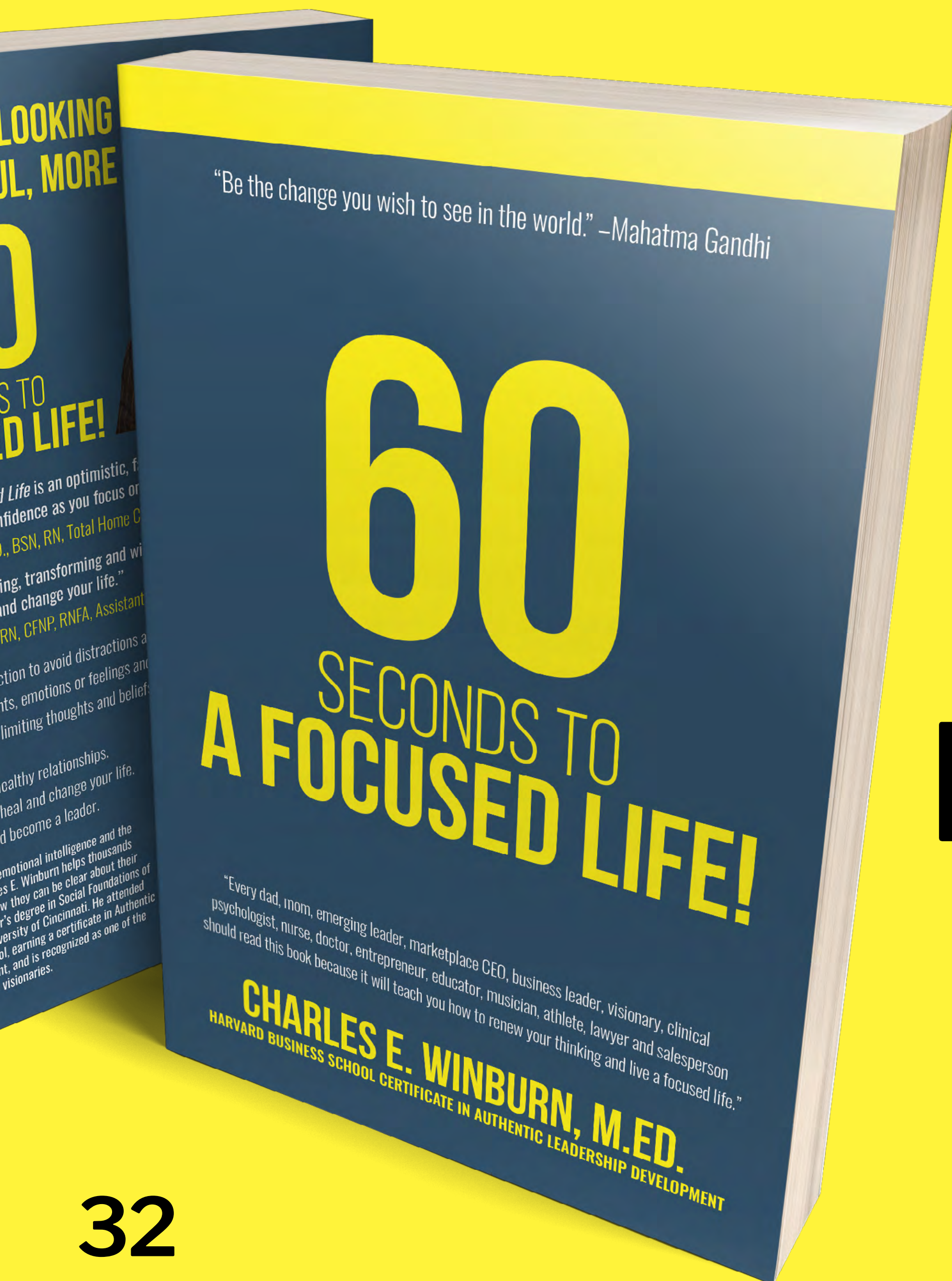
**The book *60 Seconds to a Focused Life* will teach you basic principles how to refocus and focus your life.**





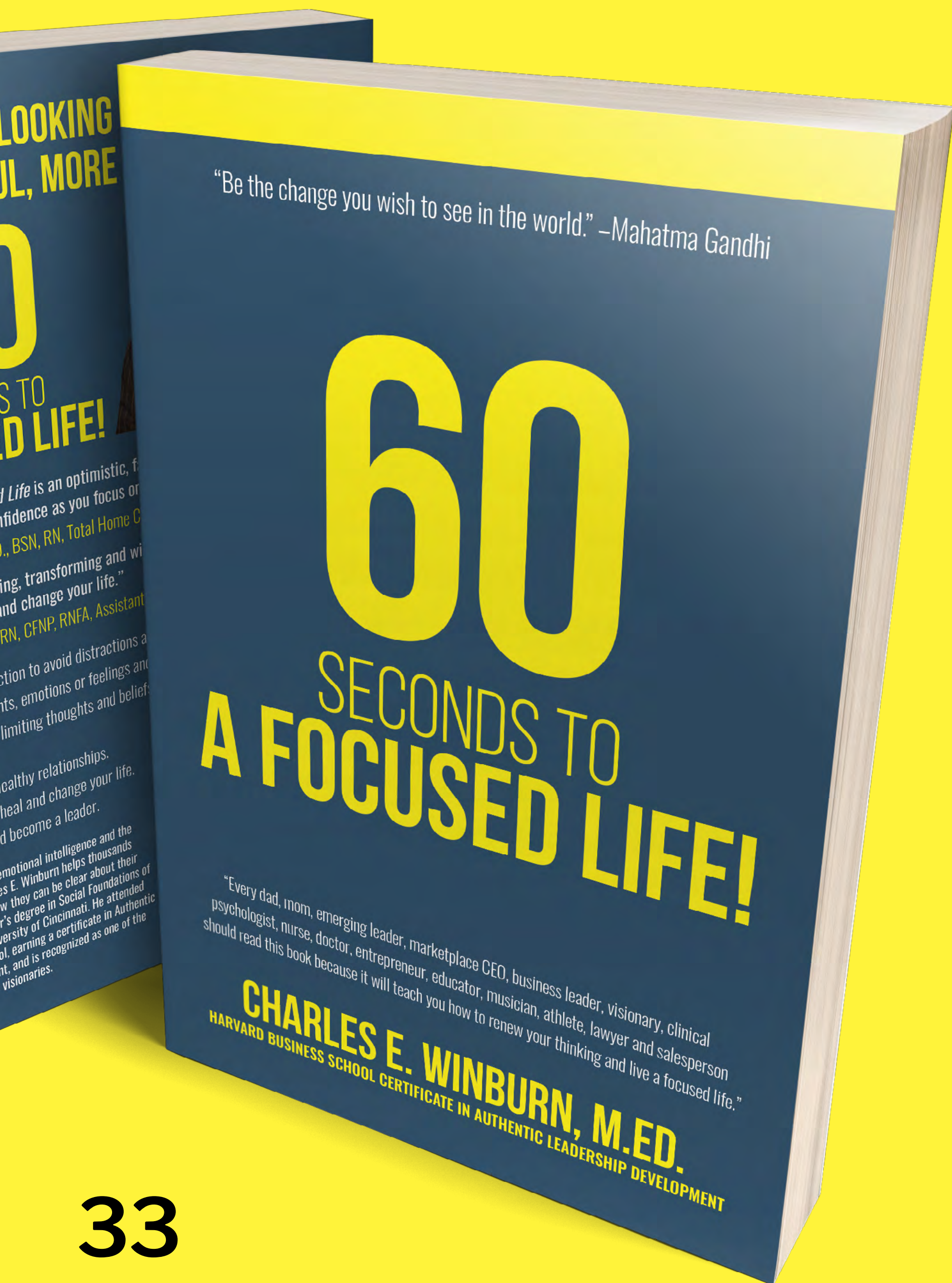
***60 Seconds to a  
Focused Life***  
**will help get you  
where you need  
to go in life.**





***60 Seconds to a  
Focused Life***  
**will help you get  
back on track in life  
so you can focus.**





***60 Seconds to a Focused Life***  
**will help you focus  
on what you want  
and give zero  
attention to what  
you don't want.**



**Each cell has a positive voltage on the inside and a negative voltage on the outside.**

***Battery with positive and negative poles***

***Lipton***



# Human cells:

- **Community**
- **Energy**
- **Electricity**
- **Vibrations**
- **Network**



# **Vibrational humans:**

- **Read the community**
- **Read human vibrations**
- **Read emotions, feelings, moods**
- **Read energy**



**If our parents and  
guardians had taught us  
as children and youth from  
1-18 to read vibrations,  
we would not have...**



- **developed so many bad relationships,**
- **made so many poor decisions, or**
- **gotten into so many bad places.**



**We feel each other through  
our emotions, energy,  
vibrations, and vibes because  
we are a member of a human  
vibrational community and  
network.**

***Connected to each other.***



**Humans did not come from  
other humans or Adam  
but from God.**

***We are descendants of Adam.***



**Humans can read the  
hearts of others.**



**The only letter of  
recommendation we need is you  
yourselves. Your lives are a letter  
written in our hearts; everyone  
can read it and recognize our  
good work among you.**

***2 Corinthians 3:2 (NLT)***



**The Law of Attraction  
matches exactly what  
your emotions, feelings,  
energy, and vibrations are  
communicating or giving off  
in the universe and earth,  
good or bad.**



**You deserve to get back what  
you put out in the universe,  
good or bad. Don't blame  
others for what you are  
getting back in life.**



**Your negative vibrations are  
sabotaging your very own  
wellness.**



**Your very own negative vibrations, vibes, emotions, energy, and moods are causing you emotional unhappiness.**



**Negative emotions and vibrations stop a healthy lifestyle and living life to the fullest.**



**Negative emotions can slow  
down or stop money flow  
attraction.**



**Suppressed negative  
emotions are linked to  
disease and inflammation.**

*Health: Living Longer magazine  
September 16, 2022*



**Negative emotions or  
vibrations will trap sickness  
and disease in your body.**



**Negative emotions or vibrations will cause disease, illness, and sickness in every aspect of your body's system.**



- **Nervous**
- **Skeletal**
- **Respiratory**
- **Muscular**
- **Circulation**



- **Digestive**
- **Body systems**
- **Endocrine system  
(eliminates waste)**

***Negative emotions and vibrations  
trap waste in your body.***



**Your emotions, feelings,  
energy, and vibrations are  
little telescopes to help you  
navigate the universe and  
earth so you can read things  
and people (without being  
clairvoyant).**



**When you are attracting negative people in your life, it's the universe and earth's way of saying you are out of line somewhere in your life.**



**When you are attracting  
positive people in your  
life, it's the universe and  
earth's way of saying you are  
properly in alignment and in  
harmony with self.**



# GOD

```
graph TD; GOD((GOD)) --- HumanitySide[Humanity side of God]; GOD --- DivinitySide[Divinity side of God];
```

**Humanity  
side of God**

*(vibrational/emotional side)*

**Divinity  
side of God**

*(spiritual side)*

***Human and divine***



**Resistance undermines  
good health, relationships,  
money, and your happiness.**



**Resistance is your major problem in life, causing you stress and keeping you vibrationally from your wellness and happiness.**



**Your resistance undermines:**

**Spiritual life**

**Financial**

**Health**

**Relationship**

**Mental**

**Business**

**Family life**



**What is resistance? It means  
to push against, oppose,  
fight against or withstand.  
Some key synonyms  
for resistance include  
antagonism, confrontation,  
and opposition.**



**Zero Resistance is the  
absence of any and all  
vibrational opposition to  
anything or anyone, offering  
the opportunity of focusing  
and allowing...**



**...what a person really wants  
in life without any vibrational  
or emotional resistance or  
doubt whatsoever.**



# 7

## TYPES OF RESISTERS



## ***Resister 1***

**A person who is stressed, very sensitive, insecure, touchy-feely, on the edge, overreacts and is easily upset and irrational when challenged by others or circumstances, even about little matters or things.**



## ***Resister 2***

**A person who has a very difficult time overcoming challenges regarding their unmet needs, unhealed hurts and unresolved issues.**



## ***Resister 3***

**A person who usually internalizes almost everything as a negative, even when someone innocently is trying to help them improve their lives. They see this as a negative and personal attack on themselves.**



## ***Resister 4***

**A person who uses excuses and justifications to maintain their negative personal resistance in life, which keeps them from improving their quality of life.  
A resister lives by excuses.**



## ***Resister 5***

**One who uses denial about having resistance themselves.**

**Their subconscious mind is full of personal and ingrained resistance from childhood that has developed and grown in their lives since a very young age.**



## ***Resister 6***

**One who opposes the idea of  
having a transformative mind.**



## ***Resister 7***

**One who uses “psychological  
displacement games.”**



# 3

## STEPS TO ZERO RESISTANCE



## ***Step 1***

**Recognize that you have resistance and realize that resistance is an outgrowth of fear. God has not given you the spirit of fear, but...**



**...love, power, and a sound  
mental life. You must  
decide right now if you will  
live a life of fear or a life  
birthed out of love.**



## ***Step 2***

**Decide what you really,  
really want in life! Once you  
have decided what you want,  
focus, give your energy to  
and attention to it...**



**...by visualizing and  
spending at least  
five minutes a day in  
meditations.**



## *Step 3*

**Challenge your  
subconscious mind by  
providing it with positive  
thoughts, and search  
for positive emotional  
vibrations. . . .**



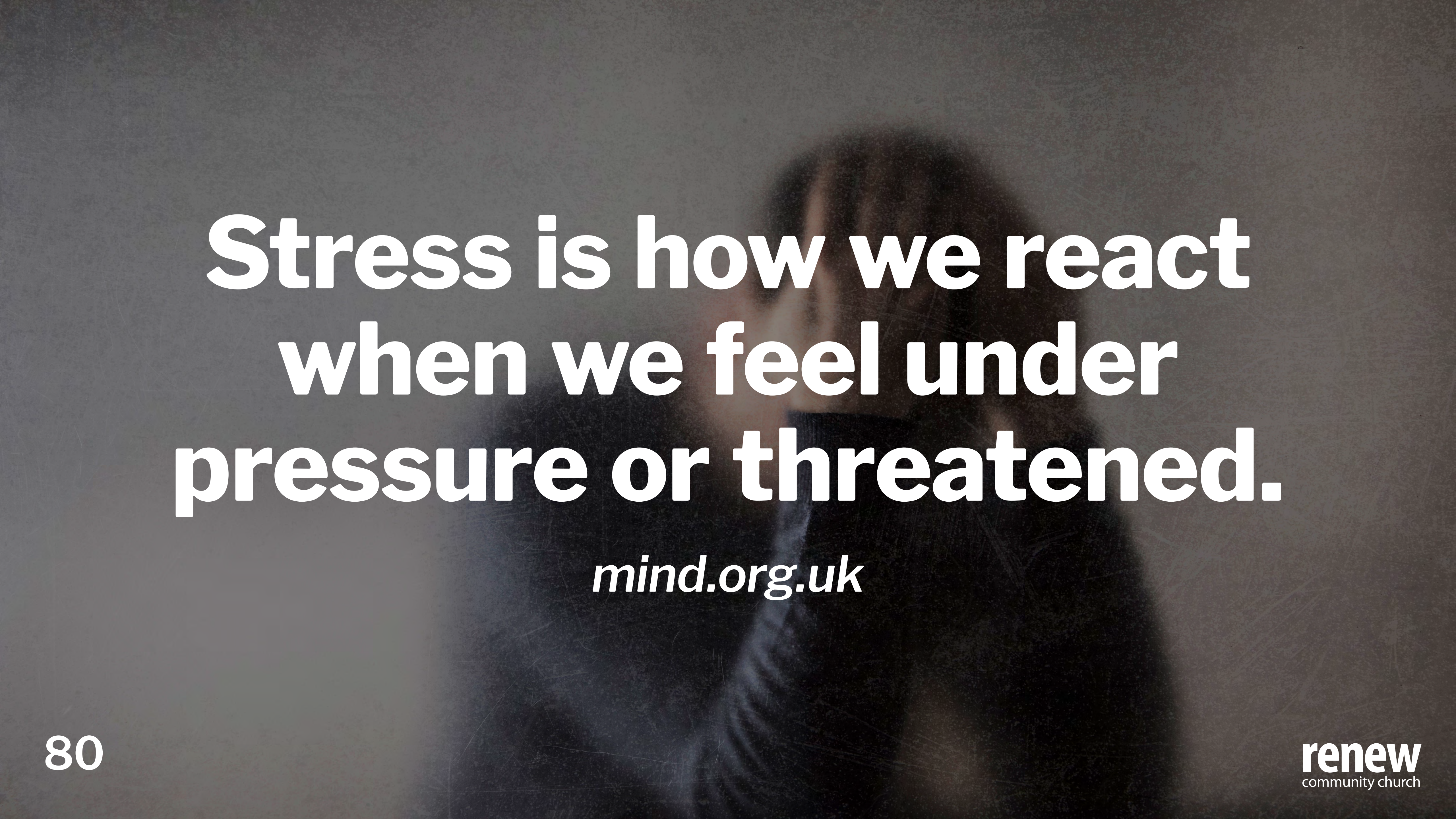
**...Then watch how your  
conscious mind and  
subconscious mind will  
begin to work together in  
bringing you joy, peace, and  
happiness.**





**You have stress.  
So, what is stress?**





**Stress is how we react  
when we feel under  
pressure or threatened.**

*[mind.org.uk](http://mind.org.uk)*



**Stress can be defined as  
any type of change that  
causes physical, emotional,  
or psychological strain.**

*VeryWellMind.com*



**Stress is a feeling of emotional or physical tension. It can come from any event or thought that makes you feel frustrated, angry, or nervous....**



**Stress is your body's reaction to a challenge or demand. In short bursts, stress can be positive, such as when it helps you avoid danger or meet a ...**





**deadline. But when stress  
lasts for a long time, it may  
harm your health.**

*MedlinePlus.gov*



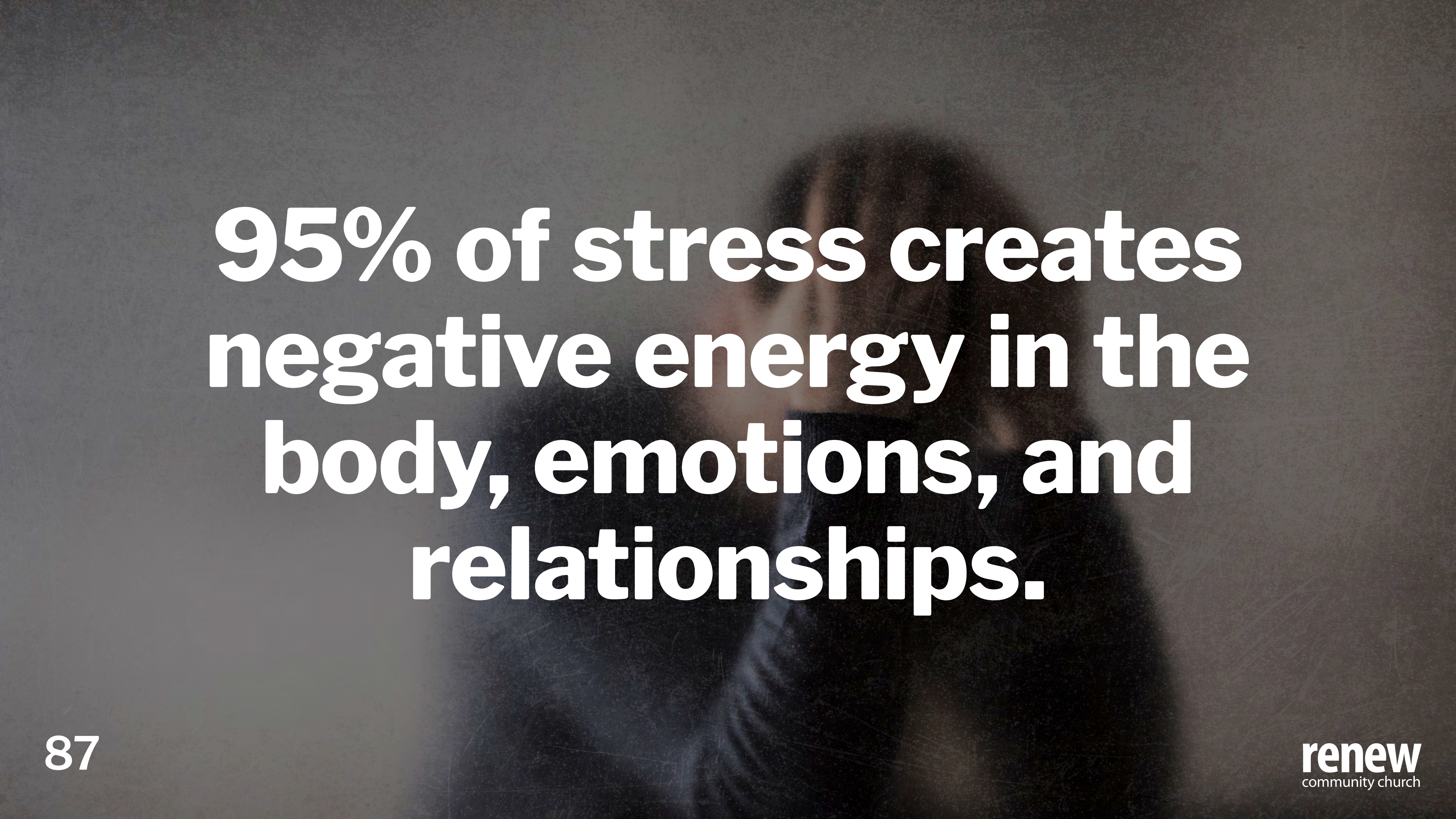


**95% of stress is linked to  
relationship decline.**



**95% of stress creates  
negative emotions,  
feelings, vibrations, and  
vibes in relationships.**





**95% of stress creates  
negative energy in the  
body, emotions, and  
relationships.**



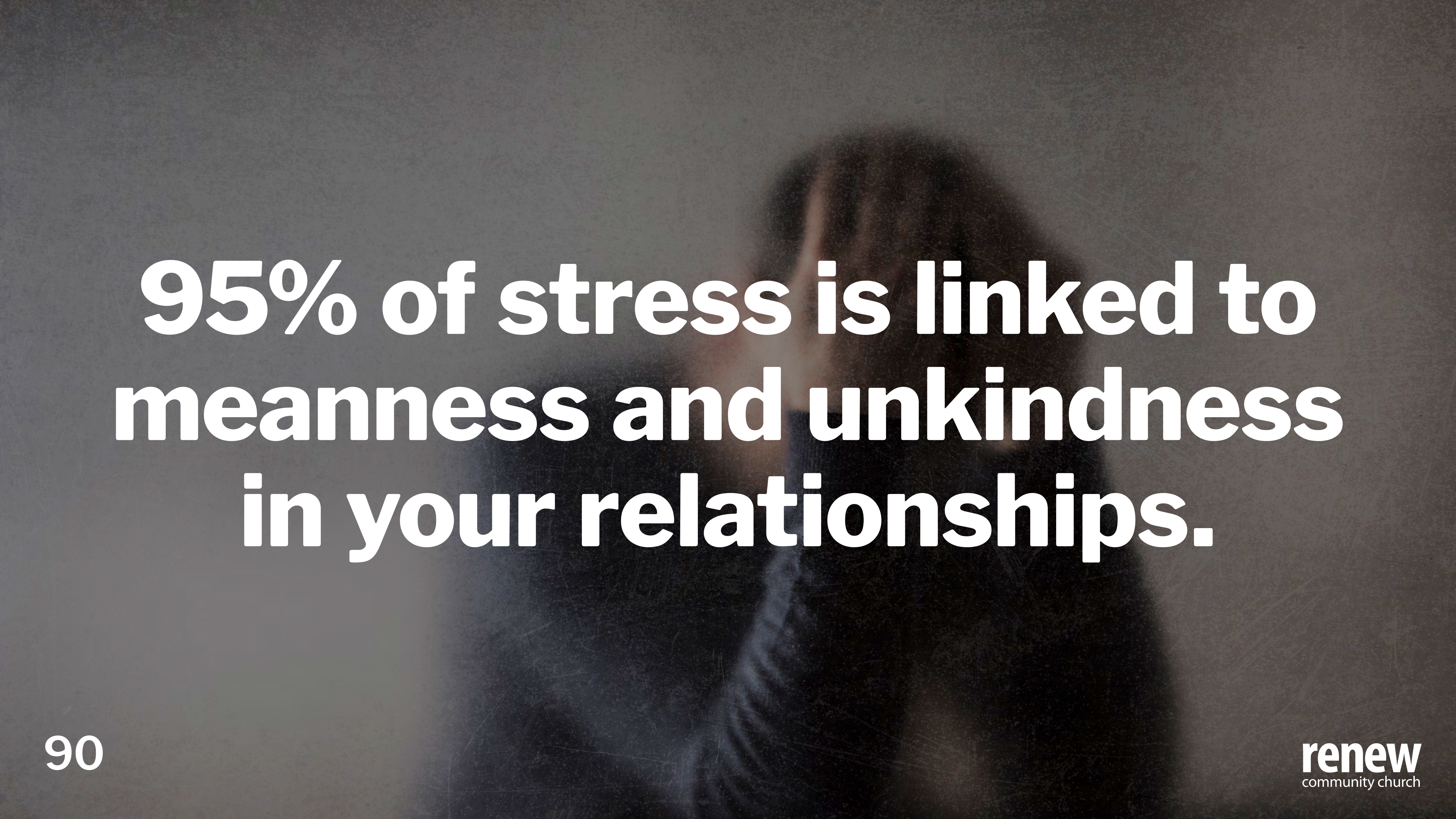
**95% of stress can  
negatively impact your  
proper cell functionality  
and relationships.**





**95% of stress can  
undermine sexual function  
and health in relationships.**





**95% of stress is linked to  
meanness and unkindness  
in your relationships.**





**95% of stress can kill your  
romantic desire in your  
relationships.**





**95% of stress can assist  
in relationship blow-outs  
and arguments.**





**95% of stress activates  
negative conversations  
in relationships.**



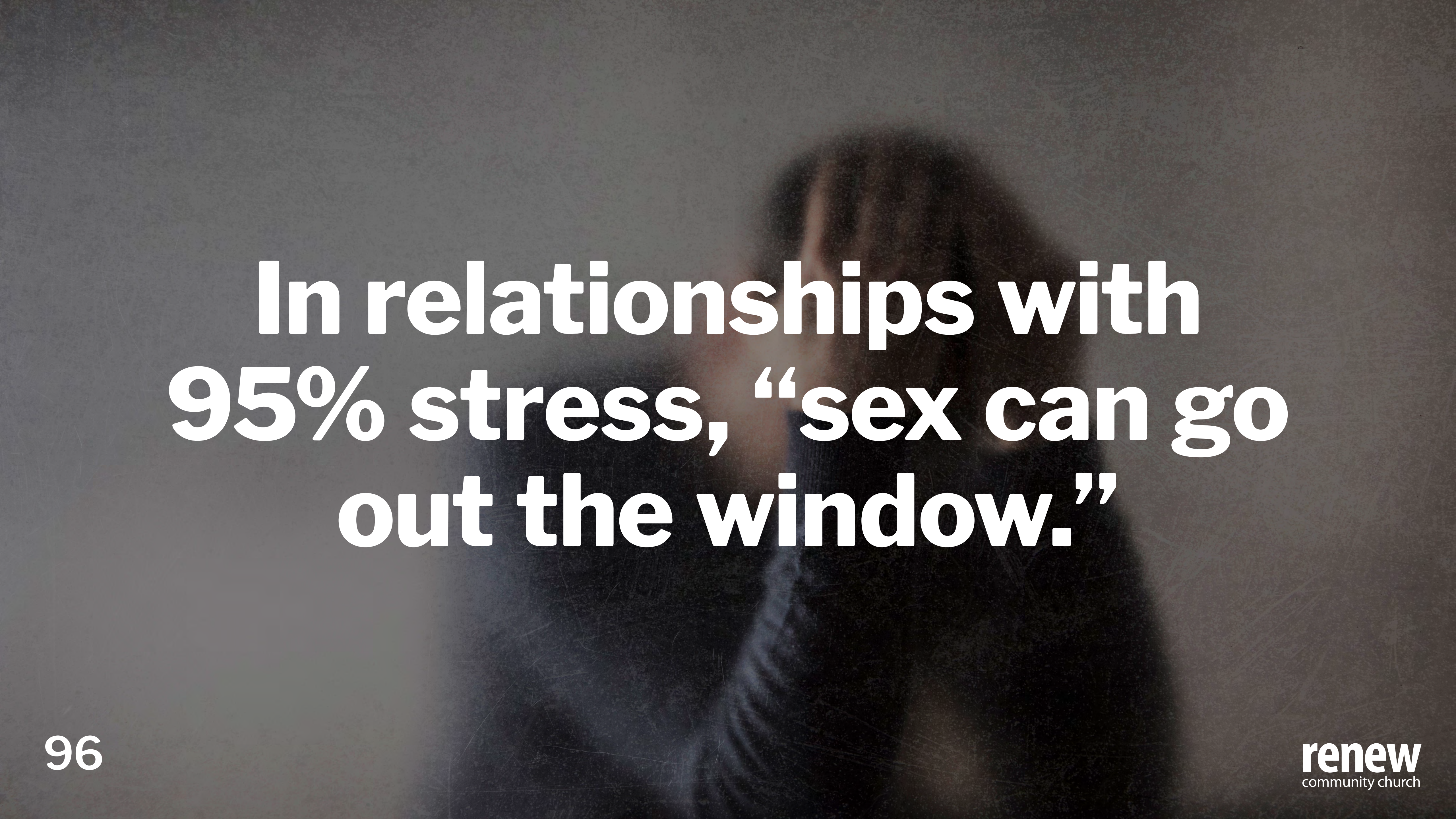


**95% of stress stimulates  
negative disagreements  
in relationships.**



**95% of stress activates  
fatigue, on-the-edge  
feelings, and overwhelmed  
feelings in relationships.**





**In relationships with  
95% stress, “sex can go  
out the window.”**



**95% of chronic stress  
creates feelings of  
pressure and being  
overwhelmed for months  
and years in relationships.**





**95% of health decline  
is linked to stress.**



**95% of sickness and  
disease is linked to stress.**

***Acquired by human actions.***



**95% of sickness and  
disease is linked to an  
unfocused life.**

***People do not pay attention to resolve  
their negative beliefs, emotions, memory,  
and childhood trauma.***



**5% of all sickness and  
disease is linked to genetic  
disorders.**

***“An inherited medical condition  
caused by DNA abnormality.”***



# Partial list of genetic disorders

*HealthDirect.gov*



- **Albinism**
- **Angelman syndrome**
- **Ankylosing spondylitis**
- **Apert syndrome**
- **Cystic fibrosis (CF)**



- **Charcot-Marie-Tooth disease**
- **Congenital adrenal hyperplasia**
- **Down syndrome**



- **Duchenne muscular dystrophy**
- **Ehlers-Danlos syndrome**
- **Fabry disease**
- **Fragile X syndrome**



- **Haemochromatosis**
- **Haemophilia**
- **Huntington's disease**
- **Klinefelter syndrome**
- **Marfan syndrome**



- **Neurofibromatosis**
- **Noonan syndrome**
- **Prader-Willi syndrome**
- **Rett syndrome**
- **Tay-Sachs disease**



- **Thalassaemia**
- **Tourette syndrome**
- **Turner syndrome**
- **Von Willebrand disease**
- **Williams syndrome**



**95% of health decline.**  
**Why?**





# Why?

110

**renew**  
community church



**95% of health decline is  
linked to childhood trauma.**



**95% of health decline is  
linked to inflammation.**



**95% of health challenges  
are linked to negative  
emotions, feelings,  
vibrations or vibes.**



**95% of health decline  
is linked to negative  
emotional energy.**



**Chronic negative emotions  
are linked to all sickness,  
disease, illness, and life  
challenges, especially in  
the following areas:**



- **Spiritual life**
- **Health life**
- **Mental life**
- **Family life**
- **Relationship life**
- **Financial life**
- **Business**



*Article:*

**The Negative Emotions Due to  
Chronic Illness Screening Test  
(NECIS): Construct Validity in  
Patients with Coronary Artery  
Disease in Mainland China**

*PubMed.gov*



***Article:***

**“...patients with CAD [coronary artery disease] are susceptible to negative psychological states such as depression, anxiety, anger, hostility, etc.”**



***Article:***

**“Anxiety and depression are the most common negative emotions in patients with CAD.”**



***Article:***

**“High level of anxiety has negative impacts on the cardiovascular physiology, which can activate the sympathetic nervous system...”**



**95% of health decline  
is linked to oxidative  
stress.**



**95% of health decline  
is linked to toxicity.**



***Research:***

# **10 health problems related to stress that you can fix.**

***R. Morgan Griffin, medically reviewed by Joseph  
Goldberg, MD on April 1, 2014***



**“Stress doesn’t only make  
us feel awful emotionally,”  
says Jay Winner, MD,  
author of *Take the Stress  
Out of Your Life* and  
director of the**



**Stress Management  
Program for Sansum Clinic  
in Santa Barbara, Calif. “It  
can also exacerbate just  
about any health condition  
you can think of.”**



**1. Heart disease**

**2. Asthma**

**3. Obesity**

**4. Diabetes**

**5. Headaches**



**6. Depression**

**7. Gastro-intestinal issues**

**8. Alzheimer's disease**

**9. Accelerated aging**

**10. Premature death**



**Research on stress is  
consistent with other  
authorities.**



**Chronic stress puts your  
health at risk.**

*MayoClinic.org*



- 1. Anxiety**
- 2. Depression**
- 3. Digestive problems**
- 4. Muscle tension and pain**
- 5. Heart, high blood pressure**



**6. Sleep problems**

**7. Weight gain**

**8. Memory and  
concentration  
impairment**



# **What is the purpose of a real relationship?**

***(The way relationships should be.)***



**Mutual love, joy, peace,  
and happiness.**

***(Anything less may not be a good  
relationship.)***



**A place to develop  
wholesome friendship,  
fellowship, acquaintance,  
and mutual respect.**



**An opportunity to share  
harmony, fun, opinions,  
perspectives, and  
perceptions without  
disrespect for humanity.**



**Real and authentic  
relationships are free of  
pride, anger, fear, grief,  
apathy, guilt, and shame.**

***Any relationship containing these  
elements is a bad relationship.***



**An opportunity to express  
your divinity and humanity  
in a loving way.**



# 2

## MAJOR TYPES OF RELATIONSHIPS



# **Type 1**

## **Relationship with yourself**

***The way things should be.***



- **Serenity**
- **Reverence**
- **Forgiveness**
- **Optimism**

***Be vs. doing things***



- **Love**
- **Joy**
- **Peace**
- **Happiness**

***Be vs. doing things***



- **Illumination**
- **Harmony**
- **Complete**

***Be vs. doing things***



# Unconditional love

*The way things should be.*



# Type 2

## Relationship with others



- **Family**
- **Acquaintances**
- **Romantic**
- **Friendships**
- **Marriage**



**5**

**REASONS  
RELATIONSHIPS  
FALL APART**



***Reason 1 that relationships fall apart***

**Because your human  
foundation is unstable  
from the beginning in  
5 key areas of life.**



# **The 5 foundations of life**

***Where all unhappiness in relationships starts through childhood trauma, sexual abuse, physical abuse, and emotional abuse.***



**Child trauma refers to a scary, dangerous, violent, or life threatening event that happens to a child (0-18 years of age).**

*Center for Child Trauma Assessment,  
Services and Interventions*



**Child trauma is 70% of the negative beliefs, emotions, and memories that parents, guardians and trustees have passed down to their offspring from 0-18 years old.**

*Charles E. Winburn, M.Ed.*



# **0-9 months adverse fetal trauma**

***Where all unhappiness starts 70%.***

***Charles E. Winburn, M.Ed.***



# **0-2 years impact of early emotional neglect and trauma**

***Where all unhappiness starts 70%.***

***Dr. Edward Tronick***



# **0-3 years attachment and authenticity issues**

***Where all unhappiness starts 70%.***

***Dr. Gabor Mate***



**0-7 years negative  
parental programming**  
***Where all unhappiness starts 70%.***

***Dr. Bruce Lipton***



# **0-18 years 70% negative childhood experiences**

***Where all unhappiness starts 70%.***

***Charles E. Winburn, M.Ed. (70% negative)***

***CDC/Kaiser ACE Study (adverse childhood experiences)***



## *Article*

# **6 Ways That a Rough Childhood Can Affect Adult Relationships**

*Grant Hilary Brenner MD, DFAPA  
PsychologyToday.com, July 1, 2017*



**78% of children reported  
one traumatic experience  
before the age of 5.**

***Almost 8 out of 10 people that you form a  
relationship with have suffered from a childhood  
trauma.***



**A traumatized adult may end up dating someone emotionally unavailable, abusive, or narcissistic, or someone they want to rescue and fix, making relationships difficult.**

***Almost 80% of your time is spent struggling with your significant other trying to fix them.***



**This results in complex  
post-traumatic stress  
disorder (PTSD), which is  
described as difficulties in  
relationships.**



**These people end up in  
dating, friendship, and  
romantic relationships with  
people who are not good  
for them.**



***Reason 2 that relationships fall apart***

**You fall into the conditional  
love trap.**



**You are looking for  
someone to make you feel  
good other than you.**

***Looking for love in the wrong places.***



**The language of the  
conditional lover.**



**A conditional lover often focuses on seeking love from others to fix themselves by making them feel good.**



**Conditional lovers often make  
these types of statements  
through self-talk or verbally  
to the other person.**



- **I don't feel like I am enough unless you love me.**
- **I don't know what I will do without you.**
- **I need you so much.**



- **If you die, what will I do?**
- **Fix me first, then I will love you.**
- **Make me happy, baby.**
- **Give me what I want first.**



- **Make me feel good first.**
- **I need you NOW!**
- **Make me feel good. Give me some money.**
- **If I travel the world with you, I will feel better.**



- **Give me sex, and things will be better.**
- **Value me, appreciate me, support me, make me important, love me, make me feel secure.**



- **I need others to encourage me so that I can feel good.**
- **I wish my significant other would make me feel good.**



- **I need people to praise me so that I can feel good about myself.**
- **I love personal recognition by others because it makes me feel so good.**



- **The more you praise and honor me, the better I feel.**
- **If my boyfriend or girlfriend would change, I would feel better.**



- **If my husband or wife would be different, life would be better for me.**
- **If my wife or husband could make me feel good, our relationship would be better.**



- **I need to be reassured often in a relationship that I am loved and appreciated.**
- **I need someone to love me.**
- **It's all about me in this relationship. (100% true)**



- **I need my significant other to focus only on me.**
- **You make me feel like a real man or a real woman.**



# What is a conditional lover?



**It's all about getting others  
to make you feel good.  
When they don't, you are  
through with them.**



**Conditional lovers look for  
love in all the wrong places  
rather than looking within  
themselves.**



**Conditional lovers look for good feelings in all the wrong places rather than looking within themselves for self-appreciation, self-compassion, or self-love.**



**Conditional love is the lowest form of love, and I believe unconditional love is the highest level of love, because it takes away requiring others to meet one's desires for**



**pleasure and feeling good.  
Unconditional lovers do not  
need others to make them  
feel good and loved because  
they are secure with divine  
love and self-love.**



**Conditional lovers seek conditions, situations, and circumstances to make them feel good before they can love. They resist when they are not loved.**



**Things people need in  
order to feel good and  
loved:**



- **Dating**
- **Marriage**
- **Sex**
- **Drugs and alcohol**



- **Relationships**
- **Money**
- **Business**
- **Cars**



- **Houses**
- **Travel**
- **Appreciation**
- **Recognition and honor**



**Conditional lovers are people  
who live by conditions  
and circumstances. They  
have trained themselves  
emotionally to respond to  
only the conditions.**



**Most often, these people feel good when conditions are activated. However, before a conditional lover can feel good or be happy, they must have conditions right.**



# What is an unconditional lover?



**Unconditional lovers rely on the Divinity and self as the source of love. Because they feel good, they are able to love without conditions. They need zero conditions before they feel good and love.**



**Unconditional lovers  
practice feeling love and  
feeling good each day about  
themselves, the Divinity, and  
others, without demanding  
a response from others to  
make them feel loved or**



**feel good in return. In other words, an unconditional lover is one who loves himself or herself first and does not need conditions to feel loved or happy.**



**For unconditional lovers, their love is not based on someone being good or bad, nor based on good or bad conditions but freedom from conditions. Unconditional lovers have**



**learned to separate good  
or bad conditions in a  
relationship from their love  
for a person without regard  
to the solicitation of love  
from the other person.**



# 4

## TYPES OF LOVERS IN RELATIONSHIPS



# **Type 1**

**Win/lose relationship  
conditional love.**

***I lose. You win.***



# **Type 2**

**Lose/win relationship  
conditional love.**

***You lose. I win.***



# **Type 3**

**Lose/lose relationship  
conditional love.**

***We both act ugly. We both lose.***



# Type 4

**Win/win relationship  
unconditional love.**

***We both win through unconditional love.***



***Reason 3 that relationships fall apart***

**Low energy**

***(Low vibrations)***



**Relationship shifts from high vibrations or energy to low vibrations or energy that leads to toxic relationships.**



***Reason 4 that relationships fall apart***

# **Relationship hormonal imbalance**

***(Finding hormonal balance)***



**Possible reason for out-of-balance relationships between men and women specifically relate to sex hormones such as DHT, DHEA-S, Estradiol**



**(E2) Estrogens, Total,  
Pregnenolone, Progesterone,  
Testosterone, Sex Hormone  
Binding Globulin (SHBG).**

**Call Life Extension at  
1-877-972-7086**



# **The perfect hormonal relationship:**



**Men: balanced testosterone/  
low estrogen**

**Women: balanced estrogen/  
low testosterone**

***Anything less, the relationship will  
struggle and suffer hormonally.***



***Reason 5 that relationships fall apart***

**Optimism killers**



**People who have a pessimistic  
worldview on everything.  
They talk negative, darkness,  
and doom. They are cynical  
gainsayers who devalue and  
discredit everything others say.  
Optimism killers are carriers**



**of negative vibrations and energy. Optimism killers will argue and debate you until they win and resist you until they have their way. Their adverse childhood trauma appears to be so deep that it is recommended**



**that they seek professional help, especially from a trauma therapist who can help them move from pessimism to optimism. Optimism killers create most of their own pain and suffering.**



**What gift can you give  
to the #1 relationship ...  
YOU?**



# Unconditional love



**30 key words to move your  
life into an unconditional  
love relationship with  
yourself:**



- **Acceptance**
- **Compassion**
- **Enlightenment**
- **Flexibility**
- **Harmony**



- **Forgiveness**
- **Freedom**
- **Grace**
- **Growth**
- **Nurturing**



- **Hopefulness**
- **Humility**
- **Illumination**
- **Inclusiveness**
- **Inspirational**



- **Joy**
- **Kindness**
- **Love**
- **Mercy**
- **Non-judgmental**



- **Open-mindedness**
- **Optimism**
- **Patience**
- **Peace**
- **Rebuild love**



- **Renew love**
- **Restore love**
- **Supporting**
- **Unchanging love**
- **Willingness**



***Disclaimer: This teaching is for religious and educational purposes only and is not designed to diagnose or give medical or psychological advice whatsoever. Please seek the advice of your medical doctor, psychologist, or counselor.***





YOU NEVER HAVE ENOUGH GOOD HEALTH, MONEY, RELATIONSHIPS OR HAPPINESS! **WHY?**

**JOIN THE 5 PERCENT!**

*Learn How to Attract Health, Money,  
Great Relationships & Happiness!*

**BY CHARLES E. WINBURN, M.ED.**